

ALL sessions must be booked in advance. Please call the Centre on 01469 514848

	Morning	Afternoon
Monday	<p>Trip to Magical Castle, Cleethorpes 9.30am to 1.30pm</p> <p>Conquer the castle's turrets and battle it out in the ball pits at the former Playtowers venue. There is plenty to entertain younger children and parents too. Pick-up is also available from Healing. Adults £1 Children £2 (all ages)</p>	
Tuesday	<p>Let's Get Physical Homestead Park, Immingham 10.00 to 11.00am</p> <p>An hour of fun filled physical activities and games, whatever the weather.</p>	
Wednesday	<p>Lazy Town Sports Club 10.00 to 11.00am</p> <p>The Lazy Town Sports Club combines all the movement, excitement, music and action of the Lazy Town TV series. Classes focus on building endurance, strength, group skills, co-ordination and more. The movement is done through games and fun, the classes are filled with the hit music from Lazy Town.</p>	<p>Breast Buddies (Healing Outreach) 1.00 to 2.30pm</p> <p>Breastfeeding can be difficult so these support sessions are held to offer support and guidance whilst you and your baby are getting to know each other. The group is made up of local mums who have breast fed their own babies and have been trained to support you.</p>
Thursday	<p>Breast Buddies 10.30am to 12.00pm</p> <p>Breastfeeding can be difficult so these support sessions are held to offer support and guidance whilst you and your baby are getting to know each other. The group is made up of local mums who have breast fed their own babies and have been trained to support you.</p>	<p>Cooking with the Kids 1.30 to 3.00pm</p> <p>Come and join us for a family baking activity, making some yummy buns! Sing along to Pat-A-Cake, 5 currant buns and many more.....</p>
Friday	<p>Storybook Days Party 10.00am - 12.00pm</p> <p>Come and join us for a fun storytelling and craft workshop based on the wonderful Eric Carle book, The Very Hungry Caterpillar. We will find out what he eats and what happens when he is not a 'tiny little caterpillar anymore!' We will be creating our very own butterflies, caterpillars and a delicious fruit salad as well as singing some fun songs. Don't miss out on this activity for your little ones.</p>	

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