



If you like this walk and want to tell us about it or have an idea for a new route then please contact us by emailing pro@nelincs.gov.uk or to find other walks in this series please visit www.nelincs.gov.uk or pick up a leaflet.

At the start of your walk make sure you start off slowly, getting warmed up before you gradually increase your pace. Towards the end of your walk gradually slow your pace to cool down.

If you're new to walking then build up slowly, try short trips to the shops or to see friends and gradually build up to longer walks. To get the most benefits, your walk needs to be at a brisk pace, that pace will be different for everyone but as a guide you should be walking fast enough to raise your heart rate and be slightly out of breath.

Walking is a great activity for just about anyone irrespective of their age or level of fitness, as well as getting you from A to B, regularly getting out and about is an ideal way of becoming more active helping to reduce the risk of chronic illnesses such as heart disease, type 2 diabetes, asthma and stroke. A good walk also improves the strength and flexibility of your joints, boosts your immune system and improves your mood. It's also a great way of discovering your local area and the countryside on your doorstep with friends and family.

Put your best foot forward

The start of the walk is in the village of Laceby in the thriving village square, soon you'll be passing the parish church of St Margarets, parts of which date back to the 12th Century. Close to the church is the old village schoolhouse established in the 1730s thanks to funds left by Philip and Sarah Stanford. Although the current school has moved to a new site along Cooper Lane it still retains the Stanford name and today's pupils still receive money from the Stanford Trust at a special Founders Day event each year.

Parking is available in the village square and behind the pub just off the main square. This walk is accessible by public transport with both the No3 Grimsby-Lincoln and X1 between Grimsby and Hull providing services throughout the day and on a Saturday.

Laceby Circular



Before setting off

- Make sure that you've got appropriate footwear for your walk,
- Check the weather before leaving the house and dress accordingly. Weather can be very changeable so you're best off carrying a light waterproof jacket in your bag even on a sunny day,
- Check that this walk is suitable for you and your party. The front cover of this guide gives you a guide as to the route and the suitability for dog walkers, families with buggies and wheelchair users. If in any doubt contact the PRoW team for more details,
- If possible, let a friend or relative know where you are planning to walk especially if you are off out exploring by yourself,
- Many of these walks take you out into the countryside where there's no facilities so make sure you take a drink and a snack with you,
- Make sure that you've got your mobile phone with you and that its got plenty of battery left,
- If you drive to the start of the walk, remember to park your vehicle where it won't obstruct other walkers or motorists.



For more information please contact:
Public Rights of Way Team
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T 01472 324500 | E pro@nelincs.gov.uk | www.nelincs.gov.uk

www.systematicprint.com



Steady



Accessible by Public Transport



Suitable for walkers with dogs



Refreshments available

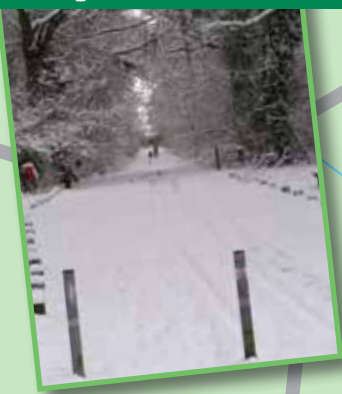


Laceby Circular

7 miles (11km)



Footpaths near Laceby



LACEBY

START
Laceby Village Square
Postcode: DN37 7HX

The instructions given in this guide take you in a clockwise direction around the route

Laceby Circular

7 miles (11km)

- 1 Leave the village square along High Street passing the Church on your right hand side
- 2 Take the second turning on your right along New Chapel Lane then the second turning on your left along Austin Garth
- 3 Pass through a metal kissing gate and continue straight on along the edge of open grassland
- 4 At the waymarker post take the right hand fork and follow the well trodden route to a foot bridge
- 5 Cross the bridge and follow the direction of the waymarker diagonally across the grass field to a waymarker post
- 6 At the waymarker post at the junction with a grass track turn right following the direction of the waymarker along the field edge
- 7 Keep to the field edge path which takes a sharp turn right
- 8 Pass by a pretty pond on your right hand side
- 9 Follow the edge of Laceby Beck then turn right over the big iron bridge and follow the stone track
- 10 Continue along the stone track turning sharp right then continue straight on to the road
- 11 Take care crossing over the busy dual carriageway then turn left along the access road and right into Cottagers Plot
- 12 At the end of Cottagers Plot turn left then right following the direction of the waymarker across the arable field
- 13 Ignore the path on the left
- 14 Ignore the path on your right
- 15 Turn left following the direction of the waymarker along the outer edge of the woods
- 16 At the 3 way sign post turn right into Bradley Woods and continue along the path to the playing area
- 17 Pass by the playing area and continue along the path to the edge of the woods
- 18 From the edge of the woods continue straight ahead along the field edge
- 19 Turn right at the waymarker along the stone track
- 20 Follow the waymarkers turning right then left to follow the path across the arable field
- 21 Cross over the bridge and turn right
- 22 Turn left at the waymarker along the field edge
- 23 Turn left at the tarmac road and continue to Manor Top Farm
- 24 At the 3 way sign post turn left taking care as you pass through the farm yard
- 25 At another 3 way sign post turn right and follow the road through the golf course
- 26 Look out for Kingfishers patrolling Laceby Beck
- 27 Ignore the path on your right
- 28 At the 3 way signpost turn right along a grassy track
- 29 Ignore the path on your left
- 30 Ignore the paths to your right and left
- 31 Take care crossing over the busy dual carriageway then turn right onto Caistor Road. Continue along Caistor Road to the start of the walk at the village square

Swans in Laceby Beck

