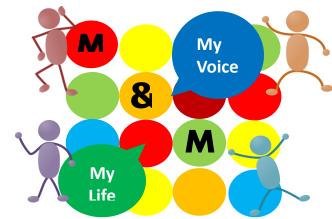




Barnardo's SENDIASS Young People's Information Sheet



Help! I've got to go to a meeting......

You might have to go to

An interview, an Annual Review, a meeting at home or college or school or the hospital

Before the meeting you might feel....





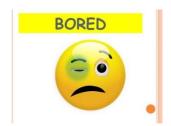




During the meeting you might feel.....

Tired









Embarrassed

So get yourself as ready...

- ask someone you trust to go with you....
- find out what the meeting is about
- find out where and when the meeting will be held

SENDIASS is here to help you

Check out our website

www.barnardos.org.uk/nelsendiass

Contact Details:

Phone us on: 01472 355365
Email us on: nelincs@barnardos.org.uk

Or visit our website: www.barnardos.org.uk/nelseniass

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