

Be a hero in your home



What can you do this week to be a hero and look after the environment?

Tick off or put a sticker next to the things you have done.
There are blank rows to fill in with other ways you can help the environment.

| What can I do to help the planet? | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|--------|---------|-----------|----------|--------|----------|--------|
| Recycle a plastic bottle | | | | | | | |
| Reuse packaging— find a new use for a used item | | | | | | | |
| Turn off the tap while I clean my teeth | | | | | | | |
| Pick up some rubbish in my home and put it in the bin | | | | | | | |
| Turn off the lights when I leave the room | | | | | | | |
| Recycle an item made of paper or cardboard | | | | | | | |



Use this side to
come up with
your own ideas



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|-----------------------------------|--------|---------|-----------|----------|--------|----------|--------|
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