



DISCOVER
our new future



DISCOVER Grimsby and its future

Our Borough

The decade ahead brings with it opportunity and optimism across North East Lincolnshire.

What we must do now is ensure our economic growth can continue, running alongside a drive to raise aspirations and educational attainment. It is vital that our residents see there is a future for them here, that they can get good qualifications, be them academic or vocational, and they can live and work here – growing up and getting good jobs and living in good quality housing.

This latest brochure has a focus on regeneration across North East Lincolnshire – Central Government and private sector money that is being invested into both our buildings and our people. If you walk around Grimsby and Cleethorpes, for example, you can see how much has already been achieved, and that is just the start when it comes to changing and improving our buildings and streets.

Yes, there is a lot to do and, yes there are challenges. Hard work is needed to reinvent areas and to ensure all our young people have the support and the development they need. But, with the help of businesses and industries, and charities and voluntary organisations, North East Lincolnshire Council will do our utmost to succeed.

The offshore wind energy sector is bringing massive opportunity and that will continue to grow. And we have our established and successful food processing and seafood sectors.

Then there's E-Factor, which has taken a page of the brochure to highlight some of our borough's residents who have successfully launched their own businesses – examples of just what can be achieved.



Festival of the Sea
Picture by Spruce Creative

“The regeneration of **St James Square** has been a turning point for everyone here at the Minster as we look to encourage people of all ages to come down here and see what we offer.”



The Museum of the Moon

The words of a spokesperson for Grimsby Minster. Over the last 18 months the Minster has seen a real turnaround in the way it is attracting people into its building with a new café and exhibitions, such as the hugely popular visit by The Museum of the Moon by Luke Jerram. This was made possible by a Cultural Recovery Fund grant from Arts Council England.

This has run hand-in-hand with the re-opening of the Square, following a £1.8-million transformation – with money ringfenced for this project alone, as part of the Government's commitment to the Northern Powerhouse.

What's in store?

A raft of projects are planned for Grimsby Town Centre, funded through things like the "Towns Fund" and the "Future High Streets Fund".

Later this year, Top Town Market is due to move to make room for the creation of a new town centre cinema and leisure complex. The market will be completely transformed into a new fit-for-purpose space, more in tune with expectations of markets in the 21st century. A multi-screen cinema and leisure facilities are planned for the area near the old Flottergate entrance to Freshney Place.

The first Towns Fund project to get on the ground is St James' House, with E-Factor Ltd taking over the space on a long-term basis with a plan to create a business centre for small businesses and creatives in the redundant building.



Alongside that, several projects are also in the planning stages through the Towns Fund:

- Riverhead Square – plans are being drawn up to remodel the area to make it a more communal space and tie it in to the new development at Garth Lane;
- Grimsby Library – plans are being considered to refurbish redundant floors of the existing library into a vibrant multi-use space;
- Garth Lane – as previously reported, plans are being developed to look at housing on this site.
- An Activation Fund has been launched to support capital expenditure which activates town centre spaces for alternative use.

For more go to www.nelincs.gov.uk/business-and-investment/town-deal/



Also supported by the Cultural Development Fund, which is funded by the Department for Digital, Culture, Media and Sport and administered by Arts Council England, artwork including the unique etched paving and murmuration artwork, takes centre stage. Come Follow Me, by Adrian Riley takes us on a journey through local history in words and phrases. And Grimsby's Annabel McCourt hit the national headlines with her murmuration piece. Adorning the side of Wilko's wall, it features copper silhouettes of local people. Our Big Picture was the commissioned project manager for the artwork.

"It was humbling to have over 400 people from my hometown volunteer to be involved in this project. I knew I wanted to create something precious," said Annabel, who is pictured right with Cllr Callum Procter, Portfolio Holder for Economic Growth, Housing and Tourism.

The Square lies within Grimsby's Heritage Action Zone.

Charlotte Bowen is the creative who, along with Walk the Plank, brought the wonderful 'Festival of the Sea Grimsby' to St James Square (this year's event will be on 16th July). Charlotte also brought 'The Museum of the Moon' to Grimsby Minster. Her organisation, The Culture House, was supported by Grimsby Creates. Established by North East Lincolnshire Council, Grimsby Creates won £5.3m of Arts Council funding and is helping creative organisations grow and build new spaces for business and events. More on Grimsby Creates on Page 6.

Speaking about The Museum of the Moon, Charlotte said: "We welcomed 20,000 people through the doors of the Minster. This really did feel like One Giant Leap for Grimsby."

Looking to this year, Charlotte added: "Our next project is called 'The Future Starts Here!' This is a brand new programme very much celebrating Grimsby as a place of innovation, while presenting some of the UK's leading outdoor

installation, dance, music and children's theatre, with an overarching theme of 'Regenerative Futures'.

Part 1 of The Future Starts Here is due to take place on May 28 & 29, with full details released over Easter – follow @theculturehouse to make sure you don't miss out!

Cllr Procter, is delighted by the work of our local creatives and hopes to see the bricks and mortar of regeneration run side-by-side with a cultural rebirth.

"The positive change that has already been undertaken and which will continue in the coming years will only reach its true potential if we truly bring local people along with us," he said.



Picture by Rick Walker, PA



Plans for a new national youth centre in central Grimsby will offer our young people opportunity and inspiration.

Earlier this year it was revealed how Horizon, the state-of-the-art OnSide Youth Zone along Garth Lane, had won £2.7m from the National Lottery Heritage Fund. This will support the significant renovation work required to the vacant buildings on Grimsby's oldest dock, including the former flour mill dating back to the 1700s. A total of £500k of the £2.7m will be used to establish a five-year programme of heritage-inspired activities.

Renewables giant Ørsted has already donated £1-million to the project, which also has support from North East Lincolnshire Council, Historic England, Architectural Heritage Fund, and other charities and philanthropists. To date, Ørsted, Allied Protek, the Evergreen Group and DFDS Seaways, as well as philanthropic individuals Paul Bentham, Simon Smith, Andrew Pettit and Jason Stockwood have pledged their support towards the operating costs of Horizon, joining the growing community of Founder Patrons.

The Youth Zone will join the OnSide network of 14 UK facilities. It will be open to young people aged between eight and 19, and up to 25 for those with additional needs, seven days a week. For just 50p per visit, members will have access to an indoor climbing wall, four court sports hall, training kitchen, music

room with a recording studio, fully equipped gym, dance and drama studio, 3G kick pitch, arts and crafts room, enterprise and employability suite and much more.



The project has been shaped by local young people, who selected the name 'Horizon' and supported the £2.7m bid to the National Lottery Heritage Fund.

Former Young People Development Group member, now trainee youth worker at OnSide, Izzy Russell, said: "To be a teenager growing up in Grimsby, it's been amazing how much I've been involved in this project. It just shows that young people are at the core of Horizon Youth Zone. Without a shadow of a doubt the youth of Grimsby have some exciting things to look forward to."

Our River's cleaner:

A total of 2,231 tonnes of silt (that's 122 lorry loads!) and 1.5 tonnes of scrap metal.

This was scooped from the River Freshney during dredging work to improve the water quality between West Haven Maltings and the ABP Pumping Station. The river channel is now deeper to allow the water to flow much more freely in the town centre section.

A part of the £3.7m Garth Lane site scheme, funded by Central Government, the work was done early this year to minimise any impact on local wildlife and to protect spawning fish ahead of the bird nesting season.



Young Eco warrior inspires Grimsby



Meet Evie Rose. A local resident who loves to get involved in community projects to protect our local environment.

Evie Rose has been supported by Jenny Hodson at Green Influencers (VANEL) to inspire other young people to look after our environment.

Green Influencers is for children aged between 10-14 who are interested in the environment and taking care of their community. Evie Rose and her friends often meet online or at the Grimsby in Bloom Pavilion café at the Duke of York Gardens. Green Influencers has made huge strides towards supporting the West Marsh with organising river cleans along the River Freshney and also designing and crafting doggy bag holders to combat littering issues.

NextGen is another group led by Evie Rose and supported by community group Enough is Enough and the North East Lincolnshire Council Environment team. The NextGen Kids group is for children between 10-14 who want to make a difference to their community. The group supports children with organising litter picks across the region and tries to link children from different areas together to make friends and do activities that also support the community.

Local residents are seeing improvements across the West

Marsh because of the work of Evie Rose and local organisations in the community: "There's always groups doing litter picks down the river. It's getting much better. It's always good to see young people doing things in the area."

It's therefore no surprise that Evie Rose was awarded the most influential young person award at the recent East Midlands in Bloom Presentation.

Elaine Atkinson, Grimsby in Bloom Chair said: "We couldn't be prouder of Evie Rose winning this award for Grimsby. She's an inspiration to all young people in the area who want to make a difference."

If you are aged between 10-14 and would like to make a difference to our local community, please join the NEXTGen- NEL group on Facebook.

If you are aged between 10-14 and would like to get involved in local environmental projects, please contact jenny@vanel.org.uk to join the Green Influencers group.



Things to do

Visit Nunny's Farm

Nunny's Farm is a community farm in the heart of the Nunsthorpe offering a great family day out. It looks after a range of animals offering care farming and volunteering opportunity. For more details **email:** admin@nunnysfarmcic.org **phone 01472 236676**



Get fit!

Free one hour gym sessions, thanks to Sport England funding, take place at West Marsh Community Centre.

Two people per session only and under 16s must be with an adult. To find out more call **01472 269230**. The Centre has daily activities for all ages such as cricket, football, boxing and dance sessions. Check out Facebook or call.

Parents & Toddlers

West Marsh Community Centre sessions for 0-4-year-olds between 1pm and 2pm on Mondays. Free to all For more details see the centre's Facebook page or call on **01472 269230**.

Boxing

Grimsby Amateur Boxing Club: Ainslie Street Park, DN32 0LX. Evening and weekend sessions for 7-plus years. **For more details call 07814 137195.**

2022...

All your calendar events can be found at www.DiscoverNorthEastLincolnshire.co.uk

May

- 28 - 29 The Future Starts Here.

June

- First weekend: Queen's Platinum Jubilee celebrations: check out the Discover website as events come on-line
- During June Fishing Heritage Centre – new Billingsgate exhibition opens
- Last weekend of June: North East Lincolnshire Armed Forces Weekend

July

- 16 - Festival of the Sea Grimsby. Programming is underway, so look out for updates soon across social media and online. www.festivalofthesea.co.uk

And look what's in the planning.

- Grimsby Creates Noise – 19th March 2022 – Performances of music, dance and sounds including a group of young people on the Creative Europe People Power Partnership (PPP) programme.
- #MyFishGY – follow on social media
- Paint the town proud – celebrating pride in our heritage and promoting local artists with a cross-generational programme of visual artwork, podcasts, digital design and photography, find out more at www.paintthetownproud.com
- Edible Grimsby – 1st October 2022 – join one of the 6 community groups involved in growing, cooking and sharing for the project – The Trin, Welholme Works, West Marsh Community Centre, Oasis Hub, East Marsh Involve and Immingham One Voice.
- Follow/use [grimsbycreatesculture](https://www.grimsbycreatesculture.co.uk) or [#grimsbycreates](https://www.grimsbycreates.co.uk) to find out more of what's happening over the next year.

Grimsby gets creative

The last two years have been tough. But we're now starting to see the return of festivals, gatherings and celebrations, and once more our towns will be spaces where people come to meet up and have fun.



There's lots being organised for 2022, with events already well in the planning stages across North East Lincolnshire.

In the centre of Grimsby, Festival of the Sea Grimsby, will take place on July 16th, funded through the Grimsby Creates programme. Last year's festival involved street entertainment, walking trails, bands and much more. This year's show is in the offing to be bigger, better, and best of all, still free.

Alongside all this, two murals, part of the "Paint your town proud" series funded through the Cultural Development Fund, will be unveiled by Creative Start (look out for more details of where!) It's great to hear that organisations like Creative Start CIC are doing so well – this local organisation recently received a PSiCA heritage grant worth £150,000 for essential work on its leasehold premises – The Great Escape, which is in the historic area of Grimsby Docks.

And, as we said on Page 2, don't forget, you can also stop off at Grimsby Minster and see the new "Murmuration" by the talented Annabel McCourt, or see what you can see in the new pathway outside the Minster in etchings done by Adrian Riley.

This summer it's time to get out and enjoy yourself.

Visit www.DiscoverNorthEastLincolnshire.co.uk to find out more, and if you have a venue, event or activity to promote, you can do so by going onto the Discover website and submitting an event to the calendar.

What is
GRIMSBY
CREATES

It's a unique opportunity to transform #Grimsby into a vibrant town centre where heritage and creativity are enjoyed, funded by the Department for Digital, Culture, Media and Sport and Arts Council England. For further information go to: www.grimsbycreates.co.uk

DISCOVER Cleethorpes

Things to do...

Ebb & Flo

With a mission to use stand up paddle boarding as a gateway to connect people with the ocean and inspire an authentic sense of responsibility, the company offers public sessions from its main centre along the North Prom and now in Alexandra Dock, Grimsby. To book and for all the details go to www.ebbandfloiving.co.uk or find them on Facebook.

Take a walk with your pets, but remember...

dogs are only allowed all year round on the shore which lies south from the Leisure Centre towards Humberston Fitties.

Cleethorpes Country Park

has 158 acres of natural parkland with a lake for fishing, surrounded by an accessible footpath suitable for wheelchair users and pushchairs. Our four-legged friends are not forgotten as the lake has a dedicated dog swimming area. The weekly ParkRun takes place here. www.parkrun.org.uk/cleethorpes/

Cleethorpes Trinity Boxing Academy:

Under the guidance of Andy Cox, this is one of the largest amateur boxing clubs in the region with great facilities. www.cleethorpestrinityboxingacademy.org.uk

Meridian Showground

May 21, Fake Festival from noon until 11pm. On August 5 from 8.30pm until 11.45pm, the West Side Story Outdoor Cinema Experience. For more details on these, and more events across North East Lincolnshire go to www.discovernortheastlincolnshire.co.uk

Lincs Inspire

For walking football, fencing, fitness classes, roller hockey, sewing groups, get-togethers, libraries, yoga, badminton – and so much more - in Cleethorpes and right across North East Lincolnshire, go to www.lincinspire.com/whats-on/

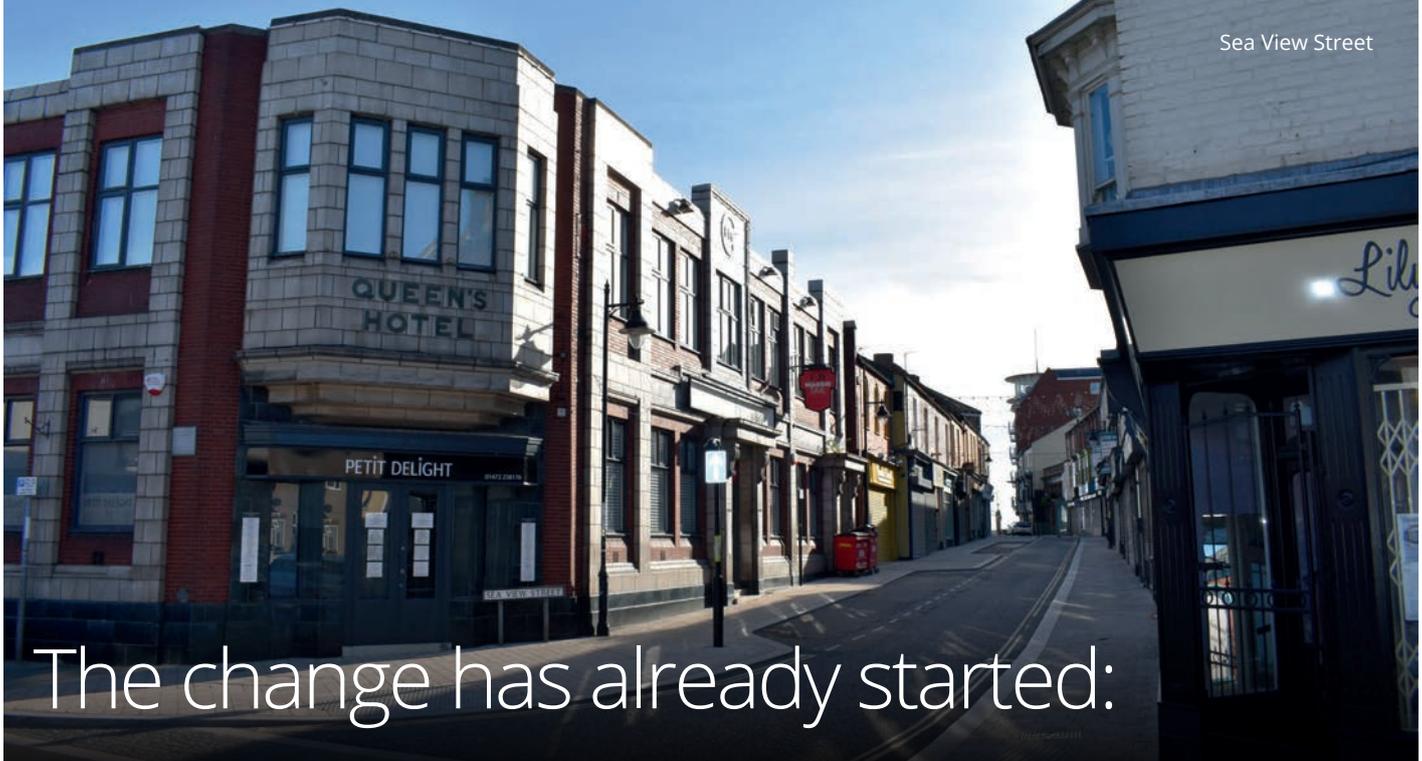
Cleethorpes: the go-to destination on the east coast

“You have an amazing coastline here. There’s so much natural beauty, alongside the traditional seaside offering and opportunities to capitalise even more on the staycation boom and the desire to live by the sea that has been accelerated by the pandemic.”

The words of Wayne Hemingway MBE, who co-founded the famous fashion label Red or Dead before launching Hemingway Design – a design company focused on ‘place, people and positive social impact’.

Hemingway Design has been in our resort, seeking the views of thousands of people as they work with the council to create a Cleethorpes Masterplan – a blueprint of how the place could be taken forward in the future. Once adopted, it will be used to prioritise regeneration and to take future funding bids to central Government forward. Over 2,700 local people gave their views on the resort as part of the ‘Think Cleethorpes’ public consultation. Those views have been used to help shape the plan.





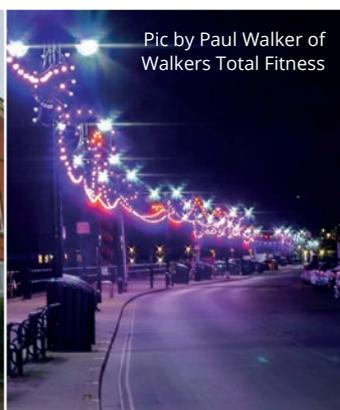
The change has already started:

Projects completed in the future that will stem from the new Cleethorpes Masterplan will complement work that has already taken place. This includes:

- **Major improvements to Sea View Street and Alexandra Road:** Funded by the National Lottery Heritage Fund and the Coastal Community Fund, secured through CoastNEL.
- **Cleethorpes' Victorian shop fronts:** The well-known RAFA club was the first building to get a five-figure external make-over taking its frontage back to its traditional, Victorian beginnings. The building received the new look thanks to a grant award from the Townscape Heritage Project. This is a £2.9m programme of building restoration supported by the National Lottery Heritage Fund and North East Lincolnshire Council. The same fund is also being used to restore the unique balconies on Alexandra Road.
- **The North Prom shutter art:** This was supported by the Government's Coastal Communities Fund, (CCF) secured by CoastNEL and supported by North East Lincolnshire Council. The art work was created by local and internationally known artists.
- **The North Prom street furniture & Luminations:** Also funded by the Government's Coastal Communities Fund, (CCF). The bespoke furniture was designed by the company Freshwest. Co-founder Simon Macro

said: "We were challenged to create something that was unusual and engaging. When we visited Cleethorpes, we noticed how people were using the promenade to exercise but what also struck us was the beautiful vista and we wanted to make the most of that view." The new lights, which stretch the whole length of the Prom, are completed this Spring and will be illuminated from early March onwards. Luminations creator Esther Rolinson said: 'I can't wait to see this new piece complete and ready for anyone who wanders on the promenade. The process of developing the art installation from concept drawings into a sculptural system and animating lights was a fantastic experience.'

- **The High Street, Sea Road & Central Prom:** These public realm improvement works were supported by the Local Growth Fund, secured by the then Humber LEP as part of the Government's commitment to the Northern Powerhouse, and from North East Lincolnshire Council and its Local Transport Plan funds.





Cleethorpes Library.

On Alexandra Road, the library has a wealth of resources to access. Browse and borrow books, use the public PCs or join one of our many reading and activity groups. The Albert Room is available to hire as an intimate venue for cultural events such as art exhibitions, performances and poetry evenings, and there's a gift shop with a difference, selling a variety of uniquely crafted items made by local artists, as well as a range of local history gifts, and souvenirs of the resort. Opening times are Monday to Thursday 8.30am to 5.30pm and Saturday 9am to 1pm. Friday and Sunday closed. **For more details phone 01472 323650.**

FOOTY IS BACK!

At the Trin Centre, Trinity Road, Cleethorpes, DN35 8UN.

All Saturday classes are back on Saturday mornings with the Kitchen open for hot buns and coffee. Don't forget to book on the website, www.ccse.org.uk Ages 4-6 9am to 9.45am, Ages 7-11 10am to 11am. Remember sessions are on a 3G surface.

Did you know? Since re-opening the doors at The Trin Centre in 2017, Cleethorpes Community Sports and Education has delivered hundreds of programmes to benefit communities in Cleethorpes, Grimsby and surrounding areas. In 2020-21 more than £200,000 was invested in facilities and programmes designed to promote health, well-being and inclusivity.

Outdoor Cinema Experiences, Cleethorpes Meridian Showground

West Side Story, Friday August 5.

8:30 pm - 11:45 pm;

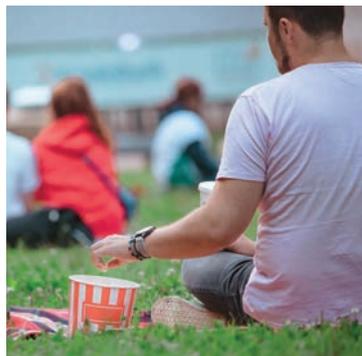
Dirty Dancing, Saturday August 6.

8:30 pm - 11:45 pm

The Greatest Showman Sing-a-long,

Sunday August 7. 8:30 pm - 11:45 pm

For more details go to www.discovernortheastlincolnshire.co.uk/events/



The annual ABP Humber Coastal Half Marathon

returns to Cleethorpes on Sunday 18 September 2022. Sign up for this great community event.

For more information, please visit www.tape2tape.co.uk

Haverstoe Park.

With wide open lawns and plenty of space, Haverstoe Park is a popular area for families. Opened in the Jubilee year of 1977, one of its main features is a sensory garden standing on the front car park.

For more events and activities around North East Lincolnshire, go to www.nelincs.gov.uk/community-spotlight

Things to do...

Memory Lane Choir with Friendship at Home

Tuesdays from 10am to 12noon at the Annie Chapple Centre, Belvoir Road, Cleethorpes, DN35 0SE.

Fun sing-a-long with songs from different eras. Perfect group to lift the spirits and reminisce, suitable for those who have dementia but equally loved by those who don't. Admission is just £2.50 (includes refreshments). Call Friendship at Home on 01472 602500 for more information. **Website – <https://www.friendshipathome.org.uk/>**

Dementia Awareness and Understanding Session.

Thursday 19th May between 1.30pm and 3pm (90 mins) at the Annie Chapple Centre, Aspen Court, Cleethorpes, DN35 0SE (Disabled access and free parking available). As part of National Dementia Action week, Friendship at Home are offering this session to all members of the general public. This session will help you understand what Dementia is, how it affects people and their loved ones (personal perspectives) and gives insight on how to live better with dementia. This session is suitable for people who know a little or a lot about dementia.

Call Friendship at Home on 01472 602500 or visit our website at <https://www.friendshipathome.org.uk/> for further info.

Sewing with Bizzie Fingers

Every Monday morning between 9.30am and 1pm at The Crescent Community Centre, Rear of 132, Campden Crescent, Cleethorpes.

This involves sewing, dress making with refreshments. Please book through the Hub on 01472 695 997 or email us on crescentcommunityhub@foresight-nelinc.org.uk This session costs £4.50.

Health Check.

Have a friendly chat with Lincs Inspire's health & wellbeing team. We'll also test your blood pressure and check your Body Mass Index. A free drop-in session is being held at Cleethorpes Leisure Centre, from 9am until 3pm on Monday, March 28.

DISCOVER Immingham

Driving on with green agenda



Pioneer Business Park & myenergi The first tenants at our new Pioneer Park could not be a better advert for local investment and the opportunities being created for our people. Myenergi is a leader in the field of renewable energy and is taking its global markets by storm with expansion already planned. Pioneer Park itself is a highlight of North East Lincolnshire Council's £42m SHIP (South Humber Industrial Investment Programme). In the months ahead expect more positive news with the Park continuing to develop.



Cress Marsh Again part of the SHIP programme, this award-winning ecological mitigation site shows just how industry and nature can thrive side-by-side. Up to 100 bird species join land animals, such as deer, making the site their permanent or temporary home. It's under the management of North East Lincolnshire Council and offers 'ready-made' mitigation land for businesses that need to provide natural land to offset new developments. A second site nearby – Novartis Ings – is now being developed.



The Humber Link Road Opened last year, the new £8.5m highway links Grimsby to Immingham with a 20-minute reduced travel time. It's also part of SHIP and was supported by the Greater Lincolnshire Local Enterprise Partnership (GLLEP). On its opening, council Leader Cllr Philip Jackson said: "This road opens-up a tranche of land for future investment along the South Humber Bank and supports the green agenda and future jobs with a shorter route between Grimsby and Immingham."

Dafydd Williams, Head of Policy, Communications & Economic Development (Humber), added: "ABP welcomes the new road as it will bring even greater connectivity between our Ports of Grimsby and Immingham. The new infrastructure will not only benefit our business and other companies on the port, it will also reduce carbon emissions."



The A18 reopened in December 2021 following a series of road safety improvement works, including a new roundabout, carriageway widening, barriers and lower speed limits. The road is a vital link to employment zones on the south Humber bank near Immingham, as well as a well-used tourist route between the resort and the Lincolnshire coast. The £2.8m scheme, funded by grant money from the Department for Transport, will ensure a safer journey for all.

Pictured left are: Cllr Stewart Swinburn, Leader Cllr Philip Jackson and Cllr David Hasthorpe.



Find YOUR voice with 'One Voice'.

Let's hear from a group that's really active within Immingham and its surrounding villages – **and it wants you to join!**

"One Voice is a voluntary community-based charity that works to make a difference within the local area. We offer events and activities for the community.

Currently we are hosting activities weekly in the Immingham area which are all free to attend and can be found on our Facebook page or on our website www.onevoicecommunity.com.

The One Voice team is committed to making a positive difference in Habrough, Immingham and Stallingborough. We believe the key to this is to work in partnership building on the strengths and positives within the town.

We need members of the local community to get involved, you are welcome to attend our monthly meetings which are held on the second Tuesday of each month at Old Library building on Pelham Road at 6.30pm.

For more information visit our website or contact our Chairperson by Telephone on 07513612964 or by **Email chair@onevoicecommunity.com**.



For more community events & activities please go to www.nelincs.gov.uk/community-spotlight

If you would like to add your groups, activities and events to the calendar contact communityspotlight@nelincs.gov.uk



Get involved and enjoy

Event/Activity Name - Family Games Night with One Voice

Day/Date(s) – Every Friday (Expect Bank Holidays)

Times – 6pm – 9pm

Where - Old Library Building, Pelham Road, Immingham.

What it involves – One Voice brings you a fun night for all the family. Free entry and refreshments. Join us for a fun evening with a variety of games for all ages. Meet new people or come along with friends and family. Children under 13 must be accompanied by a parent/ carer.

Where/how to Book – Open to all. For more information or to confirm event is running contact One Voice via www.onevoicecommunity.com/ or contact our Chairperson by Telephone on 07513612964 or by Email chair@onevoicecommunity.com

Event/Activity Name – Dance Fitness with One Voice

Day/Date(s) - Thursdays

Times – 2pm – 2:45pm

Where - Immingham Civic Centre, Pelham Rd, Immingham DN40 1QF

What it involves - Free Entry. Have fun and exercise to 80's, 90's, Caribbean and funk music in a darkened atmosphere with disco lights on to create a 'night out vibe'. Pop along and give it a try.

Where/how to Book - For more information or to confirm event is running contact One Voice via www.onevoicecommunity.com/ or contact our Chairperson by Telephone on 07513612964 or by Email chair@onevoicecommunity.com

Our environment is unique, be inspired by it!

We've set ambitious targets to cut polluting carbon emissions and make North East Lincolnshire a better place for nature.



Cleethorpes

Our Carbon Roadmap sets out the work we have already started to reduce our carbon emissions, what more we plan to do, and how we can help others. And the Natural Assets Plan sets out how the Council and its partners can improve the area's unique natural environment for the benefit of everyone.

Superhero salt marsh

Salt marshes are amazing places. They're relatively rare so we're lucky to have a salt marsh on our coast. It acts like a giant sponge that sucks up pollution and helps protect us from flooding.

Did you know?

A salt marsh absorbs and stores more polluting carbon dioxide than an area of rainforest the same size.

Salt marshes reduce the power of waves battering the shore and act as a natural flood defence.

Salt marshes provide vital breeding and feeding sites for birds and nursery areas for fish and other sea creatures.

Salt marshes and sand dunes protect inland areas from coastal waters and provide a natural barrier from stormy seas.

Please remember, Cleethorpes salt marsh can be treacherous with deep, hidden creeks and a fast incoming tide. Stay on the footpaths and check the tide times.

Five easy ways to help your environment

Save water

Collecting and reusing rainwater gives you a ready supply of water for your garden. It also helps slow the flow of storm water and help prevent flooding. They're ideal when there's a drought and it can help save you money if you're on a water meter.

Make compost

Composting is good for your garden and the planet. From fruit and vegetable peelings to tea bags and grass clippings, about a third of the waste in your household bin can be composted.

Plant wildflowers

Wildflowers are beautiful and easy to care for. They are great for bees, butterflies and other pollinating insects. You don't even need a garden to grow them, you can plant them in window boxes and hanging baskets.

Recycle more

Recycling helps prolong the lives of materials and products we use. A huge amount of energy and resources is used making a plastic bottle or an aluminium can, so it's important that we make the most of them. This helps reduce the damage caused to the natural environment. Since we brought in new recycling bins in 2020, you are recycling more than ever. The food waste pilot we launched in April is also helping reduce the amount of rubbish people put in their green bins.

Switch off

According to the Energy Saving Trust, you can save around £40 a year just by remembering to turn your appliances off standby mode. Most electrical appliances can be turned off at the plug without upsetting their programming. Check the instructions if you're not sure.

Ever thought of being your own boss?

If you have the ambition to launch your own business but lack the know how and expertise to put your ideas into practice and develop them further, **E-Factor Business** has the solution! Exclusive to North East Lincolnshire, E-Factor Business operates 2 programmes to help people either looking to explore their new business idea or growing in their first year of trading. Be inspired by the successful, local people featured here who have all been supported on their journey with the **Be Your Own Boss** and **Start-Up Academy** programmes by E-Factor Business and The Business Hive.

Aggie Singh



Business name Silesiana

5* for: Treating each client as an individual

Age of business: 10 months

www.silesiana.co.uk
01472 485547

Our award-winning skincare salon specialises in thread vein removal, creating unique and personalised treatment plans for clients – ensuring they achieve just what they're looking for.

Anderlea Butters



Business name Anderlea Butters Marketing Consultant

5* for: Understanding client's requirements

Age of business: 10 months

www.anderleabutters.com
anderlea@anderleabutters.com

An award-winning marketing consultant, I have more than 13 years' experience - providing solutions that put clients at the heart of everything I do.

Bailey Greetham-Clark



Business name Be Great Fitness

5* for: Determination & drive

Age of business: 1 year 4 months

www.instagram.com/be_greatfitness
www.begreatfitness.org

Be Great Fitness is a community health and wellbeing company, driven on making fitness available to all via fully funded projects.

Chelsy Hutton



Business name Original Emporium

5* for: Friendly, knowledgeable service

Age of business: 1 year

www.instagram.com/originalemporiumcleethorpes | 07719 595155

Our unique and creative store offers amazing work from 30+ local artists and makers, bringing pride to the fore in Cleethorpes and Grimsby.

Francesca Young



Business name Francesca Young Art

5* for: Creativity

Age of business: 18 months

www.francescayoungart.uk
www.instagram.com/franyoung

As a local watercolour artist, my work is driven by a love of my hometown – capturing its history & celebrating its present day character in a unique and vibrant way.

Simon Yau



Business name Simon Yau Creative

5* for: An eye for the perfect picture

Age of business: 1 year

www.instagram.com/syau.creative

Small businesses without big budgets deserve to look professional! I specialise in photography and content creation that engages audiences and gets brands noticed.

Jacqueline Exley



Business name Meg's Island Guest House

5* for: Caring about my customer

Age of business: 2 years

www.megsland.co.uk | 07931 247797

With clean, modern & contemporary rooms, we're perfectly situated off Cleethorpes' main High Street – so handy for the Prom & pubs, bars & restaurants. We cater for all – from businesspeople staying a night to week-long holiday stays.

Kelly Scott



Business name KOP – Kelly's Office Platform

5* for: Customer service

Age of business: 6 months

07581 188491 | kop-kelly@outlook.com

Offering a range of office services including but not limited to, invoicing, purchase orders, credit control, payroll and data processing, I am available for contracts from an hour a week. Our clients are at the heart of everything.

Mike Hambling



Business name Funny Onion

5* for: Passion for great food

Age of business: 6 months

www.facebook.com/thefunnyonionco
www.instagram.com/thefunnyonion

A unique and quirky purveyor of food in the heart of Freeman Street market, we serve irresistible comfort food with talent and passion.

Sara Snowden



Business name Meanmaclean Cleaning Services

5* for: Friendly and approachable

Age of business: 6 months

www.facebook.com/Meanmaclean
Telephone: 07767 289544

Our warm, friendly company treats every property like our own – offering professional and adaptable services. We welcome new clients with enthusiasm.

Kathryn Musselwhite



Business name Made in Grimsby

5* for: Passion to support local businesses

Age of business: 1 year 4 months

www.madeingrimsby.co.uk
www.instagram.com/made.in.grimsby

Our online directory helps small, independent businesses grow. We have a mission to use our website and social media channels to put them in front of a wider audience.

Wayne Russell



Business name Grimsby and Cleethorpes Eats Ltd

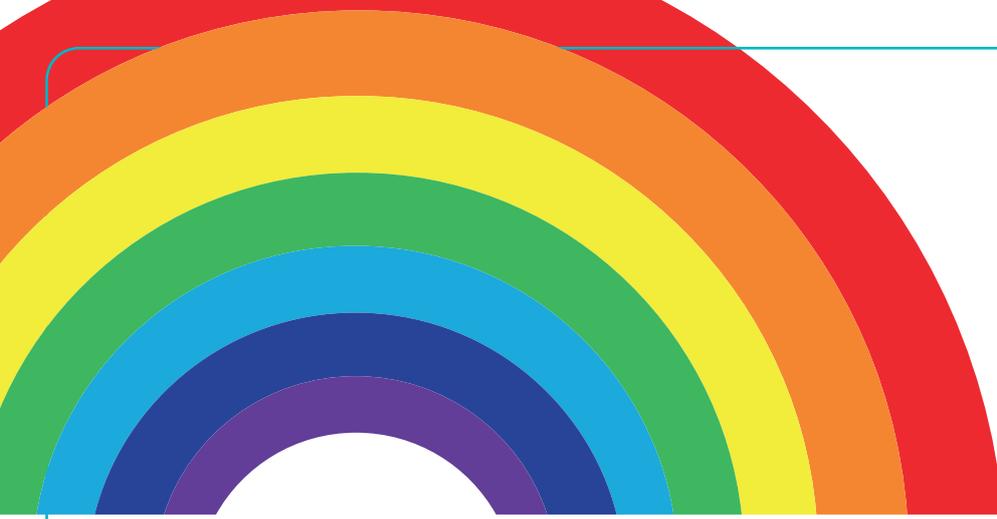
5* for: Supporting local businesses

Age of business: 1 year 8 months

www.grimsbyandcleethorpes.co.uk
info@grimsbyandcleethorpes.co.uk

We provide a cost-effective web and App platform for businesses to promote and sell food & drink products locally. With over 75+ takeaways, we're the number 1 such app locally.

Start your business journey now.... And make yourself proud!
Contact E-Factor Business on **01472 252780**: email BusinessSupport@e-factor.co.uk
www.e-factorbusiness.co.uk/start-up-support



HOW ARE YOU?

Your Life: Your Future

Regeneration is not just about bricks and mortar, it is about our communities and the people who live within them. Helping people to live their best lives will help us all to achieve:

Feelings of anxiety and depression can affect us all and the need for mental health support is normal – more than half those living in the UK were concerned about their mental health last year. This year six out of 10 people plan to focus on the issue.

What do you do? You can refer yourself or your GP can refer you for support. NHS mental health services are a free, effective, and confidential way to treat common mental health issues. Don't delay if you think you might need support. A consultation will assess what kind of help is best suited to you. The NHS is here for your mental health. Even during the pandemic services have remained open, and you can still access care and professional advice. **Go to [nhs.uk/help](https://www.nhs.uk/help)**

Support for you



NAVIGO 24/7

support for anyone going through a difficult time with their mental health. Call NAViGO on 01472 256256, option 3.

Shout 24/7 text support

– in partnership with NAViGO. Text ORANGE to 85258.

You can also drop into the Safespace crisis café in Brighowgate, Grimsby. For more information and normal opening times visit <https://navigocare.co.uk/what-we-do/services-z/safespace>.

The Silver Line is a nationwide confidential, free helpline for older people across the UK. It's open 24 hours a day, seven days a week and offers telephone friendship for older people. Call 0800 4 70 80 90.

Qwell is a free online mental health and emotional wellbeing support service for men aged 18 and over, living in our area. Monday to Friday from 12pm to 10pm and weekends

from 6pm to 10pm. One-on-one online sessions with qualified counsellors, receive and provide peer-to-peer support. To register visit: www.qwell.io

Kooth free, safe, and anonymous online support for young people Monday to Friday 12pm to 10pm and weekends 6pm to 10pm. Visit Kooth.com

Young Minds Matter offer support with mental and emotional health for young people in North East Lincolnshire. For support, visit www.lpft.nhs.uk or call 01472 252570 between 9am to 5pm. If you need support outside of these hours, please contact the 24/7 helpline on 01472 256256, option 3.

Compass Go provide support, help and advice for pupils, students and schools for issues related to emotional and mental health wellbeing. Monday to Thursday from 9am to 5pm and on Fridays from 9am to 4.30pm (except bank holidays). Call 01472 494250.

Childline give support, information, and advice for children on any topic they want to talk about, from bullying and education to drugs, alcohol and sexual abuse or anything else that's worrying them. Call 0800 1111.

NEL Bereavement Support

Service is a partnership between the region's providers, St Andrew's Hospice, Care Plus Group and CRUSE Bereavement Care. The partnership provides a range of free confidential support services for adults and children. Call 01472 250623.

The Samaritans help anyone who's struggling to cope, who needs someone to listen without judgement or pressure. Samaritans are not only for the moment of crisis but are taking action to prevent the crisis. It's a safe place to talk any time you like, in your own way – about whatever's getting to you. They are there to listen. Call for free 116 123 or email jo@samaritans.org.

Sometimes when you have a lot going on in life it can be difficult working out where to start. The Wellbeing Service is here to help.

We are a team of wellbeing workers and practitioners who offer a FREE wellbeing support service to all NEL residents, working with you to give you the time and space to identify your needs and support you in setting wellbeing goals. Our support includes:

- Low Mood, anxiety, stress management, daily routines and focus, confidence, and self-esteem.
- Healthy Eating & Physical Activity: 12 Week FREE weight management courses are available at various venues for anyone who is 18+, a North

East Lincolnshire resident and has a BMI of 25 or more (or a lower BMI of 23 or more for adults of South Asian, Chinese, and Black ethnicities). Peer support, tracking, progress reviews and goal setting are weekly features to enable sustainable change.

- Stop smoking - You are up to four times more likely to quit with help from local stop smoking services. Our stop smoking helpline is available to residents of North East Lincolnshire who would like support with quitting smoking. Our Wellbeing workers can help you find the support you

need whether that is over the phone or at one of our local stop smoking walk ins.

- Wider wellbeing challenges that can affect your emotional & physical wellbeing such as relationship issues.

Face to Face, virtual or phone support. We also have a variety of community drop ins, or via the Job Centre. Whatever works for you!

Call 01472 325500 Monday to Friday 8.30am to 4.30pm, email wellbeing@nelincs.gov.uk or send us a message through the LiveWellNEL Facebook page.



Inspire

Lincs Inspire is starting one of the **FREE 12-week Weight Management Courses** at Cleethorpes Leisure Centre.

Starting on March 30, the sessions will be every Wednesday from 6pm until 7pm. The programme is designed to help you to lose weight and maintain weight loss with encouragement, support, and guidance from our trained wellbeing coach.

Activity club providers wanted!

We're seeking community groups and organisations to host children's clubs during the school holidays to help keep our young people active and healthy.

Funding is available for groups to host the activities for children aged 5-16, keeping them busy during the Summer and Christmas breaks later this year. Each activity must include a healthy and nutritious meal for every child.

Last year, organisations and groups including Lincs Inspire, Climb4 and Outdoor Learning School offered activities including football, arts and crafts, dance and athletics. Local schools and academies also offered clubs for students.

Activities will be on offer for four weeks during the summer, and one week over Christmas.

If you're interested in offering an activity club for young people in our area, get in touch. To find out more about the Holiday Activities and Food programme, visit <https://www.nelincs.gov.uk/children-families-and-schools/activities-for-0-to-19/funding-for-haf-programmes> or contact Wendy Jackson on wendy.jackson@nelincs.gov.uk.

Keep your young ones occupied during the school holidays

There will be plenty of opportunities to keep your young ones occupied during the school holidays this year, with a full programme of activity groups and clubs being planned.

The programme of activities will run for one week during the Easter break, four weeks over summer, and one week at Christmas, and will each include a free nutritious meal.

The activities are funded by the Government's Holiday Activities and Food (HAF) programme, and are open to all primary and secondary school-age students in North East Lincolnshire.

What's on?

We're working with lots of providers to offer as many different activities as possible. Last year, activities included arts and crafts, sport and science.

As activities are confirmed, they will be added to our website and published on social media. To view the full programme, check our website regularly at: www.nelincs.gov.uk/holiday-activities

Activities will be free for children who are entitled to free school meals. To book activities for your child, simply get in touch with the provider.

Lincs Inspire was one organisation that has held holiday programmes before and is looking forward to doing them again over Easter. Ben Fray, sports and health improvement manager said: "We had some fantastic feedback from families and children last summer. After a year of being unable to provide these activities, we certainly returned with a bang. The extended school holiday programmes allow many more children to be more active during the school holidays. They get a healthy meal, make new friends, perhaps try something new and have a lot of fun!"



Check their website closer to the time for more details or sign up for email alerts. All the latest announcements and booking details will be sent via the Holiday Activity Newsletter.

Visit www.lincsinspire.com/schoolholidays



Department
of Health &
Social Care

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start your career in care today.

Search **Adult Social Care jobs**

made with CARE

Make a difference everyday

Adult Social Care Jobs Fair
Monday 21 March 2022: 10am to 2pm
Grimsby Town Hall

Find out more:

nelincs.gov.uk/adult-social-care-jobs

If domestic abuse is affecting you or someone you know, you can contact our local Women's Aid (who support individuals of all genders, abilities, and sexual identities) if it is safe to do so:

Telephone: 01472 575757

Website: <https://www.womensaidnel.org/>

If you are imminent risk of violence, please call the Police on 999.

Non-emergency incidents can also be reported to the Police on 101.



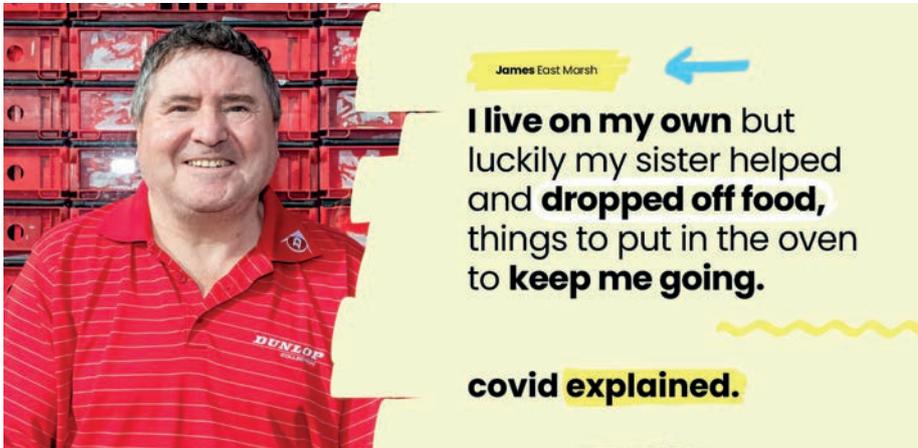
They say 'love hurts' ...but should it?

Stay well and enjoy 2022

Our lives may slowly be returning to pre-pandemic normality – but COVID is still very much with us.

It's important that we all understand the need to keep ourselves, our relatives, and our loved-ones safe. Yes, we can all go out and enjoy a drink with friends, go to concerts or to the shops, but in doing so we must remember why we still need to take care. COVID is still making people very ill, especially the elderly and more vulnerable.

- Keep your distance from others and respect those around you.
- Keep your masks on in crowded spaces, businesses, and in shops and supermarkets that ask you to do so.
- At the time of going to press NHS and medical places still required people to wear their masks, if this is still the case please do so.
- Wash your hands regularly – it's good practice anyway!



Top 6 reasons to get fully vaccinated:

- Protect yourself and your loved ones from becoming seriously unwell with COVID-19.
- Reduce your risk of catching or spreading COVID-19.
- Help to protect your whole community.
- Protect against COVID-19 variants.
- Travel more freely with your fully vaccinated status. Travel restrictions due to COVID-19 are changing all of the time, from country to country. Please check with your travel agent or airline for the most up-to-date information.
- Enjoy spending time with loved ones with the comfort of knowing you're not putting them at risk of getting seriously unwell.



Why wait any longer and remember young people aged 12-15 are now eligible for their second doses of vaccine as long as it's three months since their first. Book an appointment by visiting www.nhs.uk/CoronavirusVaccination or find your nearest walk-in clinic by visiting <https://www.northeastlincolnshireccg.nhs.uk>

Keep yourself busy...

'Andy' men!

Andys Man Club Grimsby held on Mondays between 7pm and 8pm at the Grimsby Institute, (meet in reception), Nuns Corner, Grimsby DN34 5BQ.

This is for men who need or want to talk, meet new people, get 'stuff' off their chest or just have a brew and a natter. 'ANDYSMANCLUB' is a Men's Mental Health Charity offering free-to-attend talking groups for men and challenging the stigmas around male mental health. They are talking groups for men who have either been through a storm, are currently going through a storm or have a storm brewing in life. ANDYSMANCLUB are real, non-judgemental, talking groups for men. For more information about Grimsby's Club and to confirm the meeting you can email Grimsby@andysmanclub.co.uk or info@andysmanclub.co.uk or alternatively search **Andys Man Club Grimsby** on Facebook.

Get bowling

Social Bowls on Tuesdays between 10.45am and 12.15pm at The Crescent Community Centre, Rear of 132, Campden Crescent, Cleethorpes.

Enjoy indoor bowls in a relaxed friendly environment. This session is £3 and includes refreshments. To book a place please contact the Hub on 01472 695 997 or email us on crescentcommunityhub@foresight-nelincs.org.uk or simply turn up.

Stitched-up

Crochet, Stitch & Knit on Wednesdays between 10am and noon at Welholme Works, Ladysmith Road, Grimsby DN32 9SH. Fetch whatever craft you're working on and enjoy a couple of hours of social. Cups of tea and biscuits provided, all crafts welcome. With Gemma of It Started With a Stitch. Free session. Contact Gemma or the centre to book, details on www.welholmeworks.com, Tel no **07712 211 554**

Keep warm

Blankets for the Community on Fridays between 10am and noon at Welholme Works, Ladysmith Road, Grimsby DN32 9SH. Help us see or crochet together donated squares to create blankets. Finished blankets and warm weather items are then gifted to the YMCA here in Grimsby. Free. Contact the centre, visit www.welholmeworks.com or Tel no **07712 211 554** for more information.

Things to do...

Thursday Social Club

**Thursdays, 10am -12noon
Carr Lane Social Club, 78 Carr Lane,
Grimsby DN32 8JP.**

Our weekly Friendship At Home social groups give people the opportunity to make new friends and meet like-minded people. With a variety of speakers, entertainment, games and bingo and fun quizzes, there is something for everyone to enjoy. Admission is just £2.50 (includes refreshments).

Call Friendship at Home to book your place or confirm event on 01472 602500. Website - www.friendshipathome.org.uk/

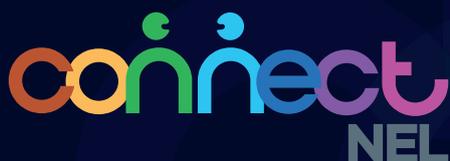
Centre award

Grimsby Fishing Heritage Centre has been awarded £5,000 funding from the Humber Museums Partnership for an exciting project working with young people to research and share the stories hidden within the museum's maritime art collection.

A Thousand Words opens summer 2022. If you are aged 18-25 and are interested in being involved with the project, please contact Grimsby Fishing Heritage Centre's Collection Officer, Louise Bowen on (01472 323345) or email louise.bowen@nelincs.gov.uk.

Get in the shed!

Men in Sheds for Carers in NE Lincs. Thursdays from 1pm to 4.30pm and Saturdays 11am to 1pm at the Carers Supports Service, 1 Town Hall Square, Grimsby DN31 1HY. Come along and meet with a likeminded group, while enjoying a new woodworking hobby or drop in for a cuppa and chat with like-minded carers here in North East Lincolnshire. Please contact us on 01472 242277 for more information on the group or visit www.carerssupportcentre.com/nel/



We are here for you...

connectNEL.com

01472 403403

email us... hello@connectnel.com

Need advice or support?

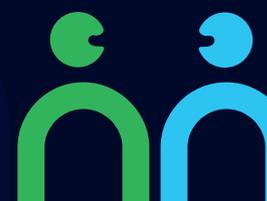
Feeling isolated or alone?

We can connect you to the **right** place!

connectNEL is a helpful and friendly signposting service created to help you get in front of the services and activities you need faster.

Our **FREE** service is available to everyone, 24 hours a day, 7 days a week, helping you to get advice when you need it most.

Delivered by
Centre



“The Wellness Hub is a brilliant starter for anyone who is out of the routine of exercising. It’s helping to improve my overall quality of life and I’m happy that I can share those benefits with my wife Jean.” Edgar



Practical adult cycling sessions will soon be available for people to safely ride their bikes...and remember, it’s great for your health too!

Funding has enabled North East Lincolnshire Council to work with Lincs Inspire to encourage more adults to safely ride their bikes on the borough’s roads, gain confidence or for some, learn this life skill – it’s never too late to learn!

There’s Learn to Ride sessions for beginners, with separate sessions for Returning Riders and Cycling Commuters.

More information and session dates will soon be available. Be the first to know. Visit www.lincinspire.com/cycleskills and scroll to Adult Cycling to complete a short form.

Ins i

Wellbeing Hub Active Forever Programme

Take those first steps to leading a more active and healthier lifestyle.

Working with GPs and health professionals, residents who need to be can be referred on to Active Forever - a Lincs Inspire wellness programme where small changes can make a big difference.

Whether you are living with a long-term health problem, recovering or have recovered from illness or injury, or simply not used to regular exercise and are looking for a gentle introduction into activity, then Active Forever could be for you.

Lincs Inspire has customers on the 12-week programme who have MS, Parkinson’s, arthritis, osteoporosis, long-COVID or joint problems, to name but a few.

The health and wellbeing team guide you through the programme, with two activities recommended per week. Activities can include:

- Use of the power-assisted equipment in the Wellness Hub
- Swimming
- Low impact group exercise classes
- Gym sessions (including adapted accessible equipment)

The brand-new Wellness Hub in the Grimsby Health & Wellbeing Centre offers a form of exercise that is gentle on the joints providing a ‘helping hand’ to improve mobility, promoting health and meeting friends.

The 12-week Active Programme (24 sessions) cost £49.

Patients who have been diagnosed with Long-COVID can be referred to the scheme for free.

Contact Live Well Wellbeing Service on (01472) 325500.

Michelle, recovering from a herniated disc.



TOP TIPS FOR DEALING WITH ANXIETY

TIP 01
Try a short breathing exercise

TIP 02
Learn how to manage anxious thoughts

TIP 03
Keep a mood diary

WHEN THINGS AREN'T SO GOOD OUT THERE... MAKE INSIDE FEEL BETTER.
Visit [Every Mind Matters](#) for more tips and advice

TOP TIPS FOR DEALING WITH STRESS

TIP 01
Divide big tasks into small ones

TIP 02
Create to-do lists

TIP 03
Stay active

WHEN THINGS AREN'T SO GOOD OUT THERE... MAKE INSIDE FEEL BETTER.
Visit [Every Mind Matters](#) for more tips and advice

YOUR GP PRACTICE IS OPEN – how to get the most out of it

Our GP practices are open with staff working non-stop to make sure we are here for you and your family when you need us.

We understand people are often worried or upset when they need to get in touch with us and it can be frustrating if you struggle to get through straight away on the phone. However, we ask you to keep being kind to our staff (both on the phone and in person), and wear a face mask when you visit. These are challenging times for all of us and your patience and support are highly appreciated by everyone working in your GP practice.

When you ring for an appointment, you will find you are asked more questions than you used to be. This is so your practice can make sure you get the help you need as

quickly as possible.

You will be assessed to see if you need:

- To be seen in person
- A phone consultation
- A video consultation
- Help from another member of the team or another local healthcare team

This helps keep people safe and makes sure they are directed to the most appropriate healthcare professional for their needs.

Everyone who needs to be seen will be seen, with the most urgent medical needs being addressed as a priority.

Top tips: please don't ring your practice before 11am for a repeat prescription request. You can also order repeat prescriptions on the NHS app. Please visit your practice website for more guidance on ordering prescriptions.

If you are not offered a face-to-face appointment this is because the GP is confident your issue can be resolved by a phone or video consultation. If they need to see you in person, you will be asked to visit.

Top tips: Please don't go to A&E instead as the doctors there do not deal with the same things as GPs.

GP Practices and A&E are very different	GP Practice	A&E
Type of healthcare professional	Trained in dealing with lots of conditions, including long term problems	Trained in managing sudden and life-threatening conditions only
Access to health tests	Blood tests, x-rays, scans and specialist advice for both urgent and non urgent problems	Health tests are only for conditions considered urgent or emergency
Follow up	GPs assess, treat and follow up your conditions	Can only treat on the spot and cannot offer follow up care or advise on managing your problem
Appointments	Can work with you to give an appointment that fits your needs	You have to sit and wait. There's no guarantee when you will be seen as this depends on how many other people need to be seen and how serious their problems are.



YOUR POLICE AND CRIME COMMISSIONER

JONATHAN EVISON

I'm delighted to bring you the first of a regular series of articles to keep you informed about my work. In May last year I was elected to serve as your Police and Crime Commissioner for the Humberside Police area, becoming the first holder of the post to be both a native and resident of Northern Lincolnshire. I was born and raised in Barton on Humber where I still live today and spent my working life at the steelworks in Scunthorpe. I have served as a ward councillor for Barton for ten years taking on a variety of roles and was Chair of the Humberside Police and Crime Panel for six years before being elected as Commissioner, which gave me an excellent insight into this busy and challenging post.

WHAT IS A PCC?

The role of a Police and Crime Commissioner is often misunderstood by many, which was something I discovered when campaigning for election last spring. During my term as PCC I hope to keep you informed about the work of my office and myself and the performance of the police. I don't run the police force, that's the Chief Constable's job, I am elected to work on behalf of the public to hold Humberside Police to account for delivering an effective service through a combination of high challenge and high support. My office acts as a critical friend to the police through regular scrutiny, giving me assurances that the great improvements made in recent years will be maintained and improved upon.



Jonathan visiting Humberside Police Special Operations Unit

I also commission a range of services to help prevent crime and support victims and witnesses of all ages, particularly those affected by the most serious offences such as violent assaults, sexual offences, domestic abuse and the exploitation of children. My team work closely with professionals in those fields, inside and outside of the police, to help those affected get their lives back on track. You may have seen our 'You Are Not Alone' campaign against domestic abuse over the Christmas and New Year period, and recently we commissioned a piece of work to better understand the scale of violence and abuse against women and girls in our area. Violence and abuse in all its forms, whether in a domestic setting, a party, on our streets or in a pub or a school has no place in our communities and will not be tolerated. Violence affects everyone, including men, and as a society we need to better understand the drivers for male violence and how we can prevent it.

It's high time we stopped the culture of blaming victims and called out the perpetrators of these crimes. Male violence against women is totally unacceptable, as is misogynistic behaviour and attitudes. As a father of four daughters I take a personal interest in this subject because I want them to live in a world free from harassment, abuse and violence against them. It angers me and society needs to change. We need women and girls to feel safe and listened to in coming forward to report abuse and we need our criminal justice system to work effectively for them.

We recently brought two university student interns to work part-time in my office to help research how we can better protect young children affected by violence in the home, and what we can do to help stop adult male violence in particular. This is long term but vital work if we are to move forward as a society.



Filming Alfie's Story in Grimsby



Neil Barber of the Safer Streets project at the West Marsh Community Centre

PCC IN YOUR COMMUNITY

Our young people are our future, and we must ensure they have the education to protect themselves against exploitation and abuse, so I am pleased that North East Lincolnshire Council has worked closely with my office to raise awareness of the issues of child exploitation and to report incidents and suspicions. The award-winning film 'Alfie's Story' was made in Grimsby as part of the Not In Our Community programme managed by my office and is a true North East Lincolnshire production with young people starring in and helping to shape the impactful storyline and characters, which are accurate to real-life experiences.

In January I provided £35,000 of funding to the Business Hive in Grimsby to launch a new project named Inspire to divert young people away from the criminality brought to this area by organised crime groups and provide hope and aspirations for the next generation. I look forward to watching the progress of this initiative.

You can find out more on my website
www.humberside-pcc.gov.uk
or follow Humberside PCC on
Facebook, Twitter and Instagram.



 @HumbersidePCC

 @opcchumberside

 Humberside Police and Crime Commissioner

INVESTING IN YOUR COMMUNITY

The Safer Streets project received funding from the Government in 2021 thanks to a bid from the Office of the PCC working in partnership with North East Lincolnshire Council. The West Marsh area of Grimsby is now benefitting from the investment and I am encouraged to hear the positive reaction of residents to the measures implemented to increase safety in their neighbourhood, such as alley gates, CCTV and improved lighting. I am keen to ensure any future funding opportunities such as this are encouraged.

To keep in touch with announcements and the latest news by email, sign up to My Community Alert at www.mycommunityalert.co.uk

As your Police and Crime Commissioner, my role covers the whole of the Humberside Police area including both banks of the Humber. I am only too aware that North East Lincolnshire residents often feel they are treated as second-best compared to the north bank when it comes to policing services, this has not been my experience and I have had very positive meetings with Chief Constable Lee Freeman, a local man himself who grew up in Grimsby, and his senior officers in charge of policing North East Lincolnshire. They are all totally committed to provide the best police service to our residents and businesses, both urban and rural. The force is in a much improved position from where it was a few years ago and there is a strong determination to progress even further.

You have my personal assurance that I will be keeping a watchful eye over things to ensure your neighbourhood is well served.

Jonathan Evison

REALISE YOUR AMBITION AT NO ORDINARY UNI

APPLY NOW



University Centre
Grimsby

NO ORDINARY TUTORs
NO ORDINARY SUPPORT
NO ORDINARY UNI

ucgcourses.grimsby.ac.uk | 0800 328 3631 |   **unicentregy**

Keep your home warm

North East Lincolnshire Council and its regeneration partner EQUANS are raising awareness to help residents to live in warmer homes and potentially reduce their energy costs.

- Is it a challenge to pay your energy bills?
- Are you choosing to heat your home or feed your family?
- Are you living in a cold home?
- Is your home not properly insulated and heated?

If you answered yes to any of the above, you could get help with your bills and be eligible for support through one of our schemes.

To discuss your circumstances, for further information or to complete an enquiry form, contact the Home Energy Team on (01472) 326296, option 5, or visit www.L4WH.co.uk.



Top tips to reduce your fuel bills:

- Turn appliances off stand by
- Install a smart thermostat
- Turn down your thermostat
- Buy energy efficient appliances
- Wash clothes at lower temperatures
- Insulate your property
- Take regular meter readings
- Monitor to your usage

At the time of going to print details of all the projects and information was correct.

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