



Report to:	Scrutiny Committee
Date of Meeting:	29 th January 2025
Subject:	All age Mental Health Strategy 2023 – 2028 - Update
Director Sponsor:	Helen Kenyon
Author:	Katrina Goodhand

STATUS OF THE REPORT: *(Please click on the appropriate box)*

Approve ☐ Discuss ☐ Assurance ☐ Information ☒ A Regulatory Requirement ☐

SUMMARY OF REPORT: *(A short summary of the key points set out within the report)*

The North East Lincolnshire Mental Health Strategy 2023-2028 has been co-produced by people with lived experience and since October 2023 is continuing to be implemented across the Health and Care Partnership and wider VCSE.

RECOMMENDATIONS: *(Specify the recommendation(s) being asked of the meeting - use additional points as appropriate):*

Members are asked to consider the following options:

Continue to support the implementation of the 5 year strategy across North East Lincolnshire to deliver the vision that 'North East Lincolnshire is a place where you can access support for your mental health seamlessly and where you are involved in all decisions about your care and treatment'.

Support the Strategy Prevention Priority that 'Mental Health is Everyone's Business' and ensure that mental health is considered in all Policies, Procedures and Projects of North East Lincolnshire Council and commissioned services.

ICB STRATEGIC OBJECTIVE *(please click on the boxes of the relevant strategic objective(s))*

Realising our vision	<input checked="" type="checkbox"/>
Improving outcomes in population health and healthcare	<input checked="" type="checkbox"/>
Supporting broader social and economic development	<input type="checkbox"/>
Tackling inequalities in outcomes experience and access	<input checked="" type="checkbox"/>



Delivering our operational plan 2022/23	<input type="checkbox"/>
Developing our ICS	<input type="checkbox"/>

IMPLICATIONS <i>(Please state N/A against any domain where none are identified)</i>	
Finance	N/A
Quality	✓
HR	N/A
Legal / Regulatory	N/A
Data Protection / IG	N/A
Health inequality / equality	✓
Conflict of Interest Aspects	N/A
Sustainability	✓

ASSESSED RISK: <i>(Please summarise the key risks and their mitigations)</i>	
Risk	Mitigating Factors
Lack of engagement and implementation by all NEL partners	Project Manager has been appointed to encourage engagement and monitor progress though this is on a temporary contract due to end in October 2025. Delivery Boards have been reviewed and now will look at each priority separately each month and as a result engagement has improved.
Lack of Lived Experience involvement due to end of Rethink project	Partners involved in the delivery boards are being asked to support staff who have lived experience to attend the boards to give their lived experience opinions, this is really useful but employed staff cannot be fully impartial.

MONITORING AND ASSURANCE: <i>(Please summarise how implementation of the recommendations will be monitored and the assurances that can be taken from the report)</i>
<ul style="list-style-type: none"> The progress of the actions to deliver the strategy are being monitored by the new NEL HCP Programme Board and the NEL Mental Health Sector Network. Progress is also shared via monthly highlight reports and annual deep dive presentations to the Health & Care Partnership Board.



ENGAGEMENT: *(Please provide details of any clinical, professional or public involvement work undertaken or planned. Summarise feedback from engagement and explain how this has influenced your report. If you have not yet engaged with stakeholders include a summary of your plans.)*

- Listening Opportunities:

Admiral Nurses
Alzheimer's Society AGM
DPOW Dementia nurses
Navigo Dementia staff
Memory Café
Carer's Support Centre
Co-production excellence event
One year on event

- Links into:

Single Point of Access Strategy review
Prevention Concordat
Suicide Prevention Strategy
ICB Dementia Strategy
Crisis Care Concordat
Talking, Listening and Working Together
SPACE School's and Parents Collaborative

- Presentations to:

Mental Health Sector Network, Development and Growth Board, PCN Clinical Directors, Strategic Estates Board, International Women's Day event, Sports governing bodies

- Workshops:

Mental Health Pathway development
NEL Employer Engagement in Partnership
NEL Health and Care Passport in Partnership
NEL Co-Production Excellence

- Shared Training sessions:

GDPR for Mental Health (with Paul Ellis NELC) - 1 session for Managers, separate session for front line workers.
Co-Production for SEND (with HCP Project Manager) – 4 local schools involving parents and SENDCo staff

- Partnership Events:

One year on event at Centre 4 on World Mental Health Day 10th October 2024. Festival themed World Mental Health Day event with 25 local providers hosting marketplace stands and providing free of charge self-help taster sessions for members of the public to try. Attended by over 140 people with free food and gift financially sponsored by Orsted and RWE. Food was provided by a local migration charity Learning4Life, ensuring sponsorship funding benefitted the local VCSE. Guest speaker organisations included Public Health, Navigo and VCSE representatives.

Co-production Excellence Event at Grimsby Town Hall 19th March 2024, developing North East Lincolnshire's Co-Production Excellence guide with support from Rethinks Experts by Experience.



REPORT EXEMPT FROM PUBLIC DISCLOSURE

No ☒ Yes ☐

If yes, please detail the specific grounds for exemption

HCP NEL Mental Health Strategy 2023 - 2028

1. INTRODUCTION

- 1.1. The Health and Care Partnership North East Lincolnshire Mental Health Strategy 2023-2028 is now into it's second year of implementation. The first year has seen awareness of the strategy increase throughout the Health and Care Partnership and the wider Voluntary and Community Sector. The original 3 delivery boards have been reviewed and merged, changing the focus directly onto each one of the priorities, each month, across the year.

2. BACKGROUND

(Please reference any previous discussion by the Board or other meeting, summarising discussion, comments or agreements)

- 2.1. Our last presentation to the Scrutiny panel, featured members of the Rethink Co-Production Project, known as Experts by Experience. Regrettably the project was due to end in April 2024 and whilst we were able to extend the period of their investment to July 2024, the funding ended and the Experts by Experience were supported to find permanent employment where possible. They were thanked for their support but could no longer be paid to attend Mental Health board meetings. They were invited to continue their involvement, but would do so as unpaid volunteers.
- 2.2. Great effort has continued to be made to ensure the voice of lived experience drives the work of the mental health strategy. The Experts by Experience were given a number of tasks prior to the end of the Rethink Project and those tasks still feed into the work being undertaken now. This includes: a presentation on Creating a kind environment within premises, an employer engagement leaflet and the basis for a self-assessment guide for an organisation wishing to promote a culture of kindness. Also in mitigation of the end of the Rethink project, HCP partners who may have staff members with lived experience who have expressed an interest in attending the delivery boards, are being asked to support their staff members to do so. By the very nature that the staff are employees can have an impact on their impartiality, but the lived experience attendance from several organisations can balance this out. The HCP Project manager is also involved in listening events regularly discussing the priorities of the strategy, as well as hosting events, where feedback can be captured from people with lived experience.
- 2.3. There are several areas where the Priorities of the Mental Health Strategy is influencing practices across the Health and Care Partnership. This has progressed much more in recent months at the delivery boards have combined into one and people attend according to their interest and association with the monthly topic. So far the Topics covered have included:



The Prevention Priority: Much of the Prevention Concordat submission from Public Health includes the priorities of the strategy and the activities associated. Making mental health everyone's business has resulted in presentations to employers and sports governing bodies and also includes listening spaces being linked to warm spaces and promotion of the 'Connected Communities Award' which is being delivered by the Wellbeing Team. Eight sports governing bodies have agreed to promote the Award to their members, raising awareness around mental health and suicide prevention in our community. To support prevention the HCP also hosted an event at Centre 4 on 10th October 2024 for World Mental Health Day. The event was attended by over 140 people and saw 25 member organisations of the HCP and wider VCSE working together, to showcase and provide taster sessions of self-help activities, which members of our community could do to support their own mental health and wellbeing.

The Shared Training Priority: The shared training priority asked for greater collaboration across partners and sharing of information to be improved. There was a perception from patients that information was not being shared due to a lack of understanding around GDPR. To address this, in partnership with NELC, we hosted two shared training sessions on GDPR for mental Health. We also promoted the ICB Trauma Informed Training to the Mental Health Sector Network to ensure that all partners had access to the same training opportunity. Greater collaboration across all sectors, particularly in the mental health arena, is becoming business as usual and has been demonstrated by the Strategy Delivery Board meetings which include both statutory and VCSE partners. There have also been joint bid submissions and joint support for community engagement and listening events.

The Culture of Kindness Priority: There is a presentation on places of kindness which has been developed with support from lived experience and has been presented to the Strategic Estates Board which resulted in great feedback from NHS Estates who wanted to take some of the suggestions away to implement. The presentation shows the different ways an organisation can change their reception area and premises, to be more welcoming. There is also a self-assessment tool in development to enable organisations to undertake a baseline measurement to see if there are any ways to improve their people skills, policies and practices in promoting a culture of kindness in the workplace. Partner organisations from the Health and Care Partnership and the Voluntary and Community sector are also adopting a mental health and kindness approach in their day to day business. In the run up to Christmas there was a 'Kindness is'... media campaign which will run for the remainder of the year and organisations when giving presentations particularly to young people will add at least one slide on kindness and will capture what people say kindness is, so that it can be used in the campaign.

The Person Centred Care Priority: This priority will see a collaborative approach to developing a Health and Care Passport across several partners from both statutory and VCSE sectors which has been driven by the voice of lived experience. People want to tell their story once, for their carers and loved ones to be included in their care, to be trusted and believed. They want their own 'about me' story to include what they want people to know and they don't want to carry a folder of documents around with them. Several members of the Health and Care Partnership were looking into developing their own versions of the NHS Health and Care Passport in silo. Working



to the Mental Health Strategy to address person centred care we are able to bring together the range of appropriate partners and undertake this work.

The Waiting Well Priority: To ensure that people are supported whilst waiting for mental health appointments The wellbeing team have extended their support to include those waiting for mental health appointments. There was a problem raised that often professionals are not aware of what is available locally to offer support to people waiting for treatments or where community support would be better than medications. To overcome this, there has been a professionals page developed on Simply Connect which has been added to all professional's rain meters on their computers, which has a direct link to a list of organisations able to offer wellbeing and community support for people awaiting mental health treatments.

- 2.4 **Next Steps:** Though there are pockets of work which have been started in 2023/4 for the other priorities, they will each have a dedicated delivery Board meeting to ensure progress and develop other actions in 2025.

The Better Communication Priority is to be covered in the February and March delivery Boards, but is already influencing the Talking Listening and Working Together strategy by recommending the addition of Co-production into the strategy and considering mental health in the strategy and all related projects

The Prevention and Suicide Prevention Priorities will be the focus in April and was also the topic in November 2024 with talking places linked to the warm spaces offer.

The No Wrong Door Priority will be the priority for May and June

The Shared Training Priority will be in July but some of the work is already being delivered as evidenced above.

Reducing Stigma will be the priority for August and will plan work for the start of the new school and college terms.

All of the priorities will be reviewed in September 2025.

3. **ASSESSMENT**

(Please set out the key points for discussion or consideration, as well as next steps or implementation plans)

- 3.1. **Limitations:** This is a 5 year plan and some of the priorities such as a Focus on Prevention and Reducing Stigma will be difficult to evidence during the 5 year period, as some of the actions developed are likely to be long term but will provide a legacy beyond the 5 years of this strategy. The Project Manager is in the final year of their contract, which may have an impact upon implementation when the contract ends.
- 3.2. **Implementation plan:** The Project Manager has reviewed the previous three Delivery Boards' attendances and progress made. After consultation with partners, has agreed to make adaptations to the method of undertaking the implementation of the Mental Health Strategy. Instead of three boards covering several priorities at a time, there is now one master list of partner organisations and representatives on the Board and



each will be invited to every monthly Delivery Board meeting with the proviso that they send along the most appropriate person from their organisation in accordance with the priority being covered for that month. This change has improved attendances and has assisted in ensuring that the organisations and people with the appropriate responsibilities can undertake the necessary tasks for the action plans.

- 3.3. **Benefits:** The work of the Mental Health Strategy is beginning to influence policies and practices across the Health and Care Partnership and beyond. Some of the changes are more subtle such as changes to reception areas and access for clinicians to information about services in the community and others are more obvious like the successful World Mental Health Day event on 10th October 2024 and the joint working around GDPR and a Health and Care Passport.

4. CONCLUSION

The 2023 – 2028 Health and Care Partnership all age Mental Health Strategy for North East Lincolnshire which was co-produced with the voice of lived experience as its foundation continues to be an important document for the communities of North East Lincolnshire.

5. RECOMMENDATIONS

5.1. Members are asked to:

Continue to support the implementation of the 5 year strategy to deliver the vision that 'North East Lincolnshire is a place where you can access support for your mental health seamlessly and where you are involved in all decisions about your care and treatment'.

Support the Strategy Prevention Priority that 'Mental Health is Everyone's Business' and ensure that mental health is considered in all Policies, Procedures and Projects of North East Lincolnshire Council and commissioned services.

(Please append further supporting papers, as necessary)