



Humber and North Yorkshire
Health and Care Partnership

Our Integrated Strategy for Wellbeing, Health and Care



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Introduction

Since its inception in 2022, our Humber and North Yorkshire Care Partnership has continued to deepen and strengthen. Greater collaboration is helping us to better understand the health and care needs of the 1.7 million people in Humber And North Yorkshire, leading to more joined up and impactful decisions that get the most from our combined leadership, energy and resources. Our 2023 Review shares examples of how our Health and Care Partnership is making a positive difference within our diverse communities.

We have also learned much by working together as a system. This refreshed strategy reflects our learning, setting out a renewed commitment to our partnership ambitions by:

- introducing a new 'golden ambition' to drive **a generational change in wellbeing, health and care for today's children**
- reaffirming our commitment to what is already working well, such as our person-centred and strengths-based approach
- setting out areas for investment that will keep the voices of people at the heart of everything we do, and that will drive excellence, prevention and sustainability across our system

This strategy provides the guiding light for the Humber and North Yorkshire Health and Care Partnership, so that we remain focused and ambitious for all of the people we serve.



Our 2023/24 Review

Cllr Jonathan Owen
Vice - Chair



Sue Symington
Chair

Our diverse communities

Our diverse communities provide our greatest asset, our people.

Our 1.08 million hectares (equivalent to over 2 million football pitches) are home to 1.7 million people living in small rural communities, the more concentrated urban areas of our towns and cities (Hull and York) and along a coastline of 297km (185 miles).

While there is much to enjoy about living in Humber and North Yorkshire, there are also challenges:

more than 200,000 people are living in poverty, with more than 60,000 children living in low-income families

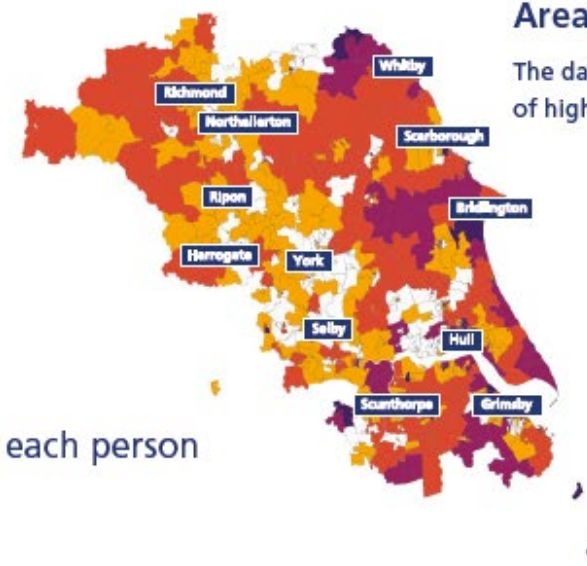
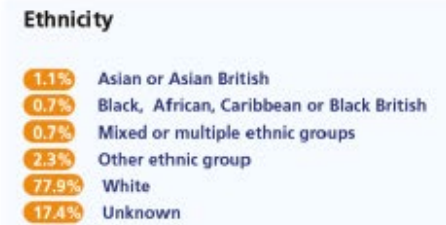
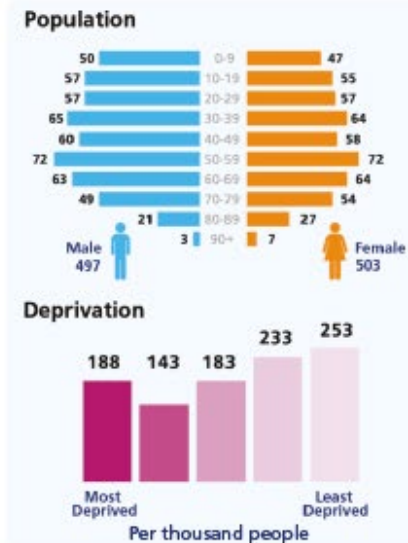
more than 2,400 people each year die from causes considered preventable

the number of years a person can expect to live in good health varies significantly between communities

the proportion of our population over 75 is rapidly increasing, with proportionally fewer children and people of working age forecasted

The reasons behind these differences are as complex and as multi-layered as each person who lives in our communities.

Demographics



Areas of deprivation

The darker colours are areas of higher deprivation.

Our strategy on a page

Our aims	Narrowing the gap in healthy life expectancy by 2030 Increasing healthy life expectancy by five years by 2035			
Our Outcomes	Start Well	Live Well	Age Well	Die Well
Our partnership ambitions	Radically improving the health and wellbeing of children and young people			
	Enabling wellbeing, health and care equity		Transforming people’s health and care experiences and outcomes	
Our person-centred approach	Think Person	Think Family	Think Community	
Our big 4 health outcome priorities	Reducing harm from cancer	Cutting cardiovascular disease	Living with frailty	Enabling mental health and resilience
Our drivers	LEADING FOR EXCELLENCE 1. delivery improvement 2. digital and data 3. empowering collaboratives		LEADING FOR PREVENTION 4. enabling population health 5. a new relationship with place	
	VOICE AT THE HEART		LEADING FOR SUSTAINABILITY 6. system workforce 7. sustainable estate 8. outcomes-led resourcing 9. transformative public engagement 10. a strong and impactful system voice (professional, political)	

Our outcomes



Start Well

We want every child to have the best start in life and enable everyone to be safe, grow and learn.

"It is easy for me to get the support I need for my child."

"I am safe. My family has what they need to look after me."

"I can tell a grown-up if I am feeling sad or worried."

"I love school and I am ready to learn."

"I know what I can do to stay healthy."

"My mental health matters and I can get help when I'm struggling."

"There are exciting career opportunities for me."



Live Well

We want to ensure the next generation are healthier than the last and have the opportunity to thrive.

"I find ways to stay active and keep healthy that work for me."

"I have meaningful employment, despite the barriers I face."



"I get the care I need and don't get passed back and forth or get forgotten on a waiting list."

"I am on top of my condition and I know what to do if I need help."



"I quit smoking and I feel great."

"I love school and I am ready to learn."



Age Well

We want to ensure people live healthy and independent lives as long as possible by understanding what matters most to them.

"I am as active as I can be. I enjoy having fun with my friends."



"I can get advice and support for my health at home or nearby."



"When things start to go wrong with my body, I have the care I need to keep living a good life."

"I only go to hospital if it's absolutely necessary."



Die Well

We want to create an environment in which people can have positive conversations about death and dying.

"I feel able to talk about what kind of death I would like before I get sick."



"We are able to talk confidently with patients about their end of life wishes."



"My wishes are known and respected."

"Me and my family can choose how best to say goodbye."



Our partnership ambitions

Our aims for the 1.7million people of Humber and North Yorkshire are:

Narrowing the gap in life expectancy by 2030

Increasing healthy life expectancy by five years by 2035

To achieve these aims, our Integrated Care Partnership has agreed three overarching ambitions:



Each of our three partnership ambitions are important. We recognise that people with health and care needs today expect access to safe and high-quality services today. We also know that without a significant shift towards prevention of ill health, the health and care system of the future will be neither excellent nor sustainable.



Our golden ambition

Focusing on children and young people is our hope for the future. Only by taking a generational change in health and care outcomes for today's children can we achieve our aims. This is why the Humber and North Yorkshire Integrated Care Partnership has the golden ambition of **radically improving children and young people's wellbeing, health and care.**

Through our **Start Well Board**, this partnership is prioritising children and young people. In creating the conditions for all children and young people to start well, we are:



Prevention and early intervention

1. Tackling asthma
2. Improving dental health
3. Making better use of data (HNY Connected)
4. Enhancing safeguarding



Healthy pregnancies, healthy start

5. Improving maternity services
6. Enhancing the healthy child programme (0-19)



Learning well

7. Improving early speech and language
8. Ensuring access to therapeutic services
9. Enabling participation for children with neurodiversity

Our
golden
ambition



Emotional Resilience and Mental Health

10. Enabling resilience and meeting need early
11. Ensuring equitable access to mental health services
12. Championing child-friendly practice
13. Improving residential placements and crisis care



Care experienced children and young people

14. Enhancing our offer for care leavers



Health and care futures

15. Improving access to health and care careers

Our person-centred approach

To deliver the ambition and vision, our intentions are to create the conditions to:



Think person

Our approach is strengths based and solution focused: we enable people to live safe, healthy and independent lives by understanding what matters to them.



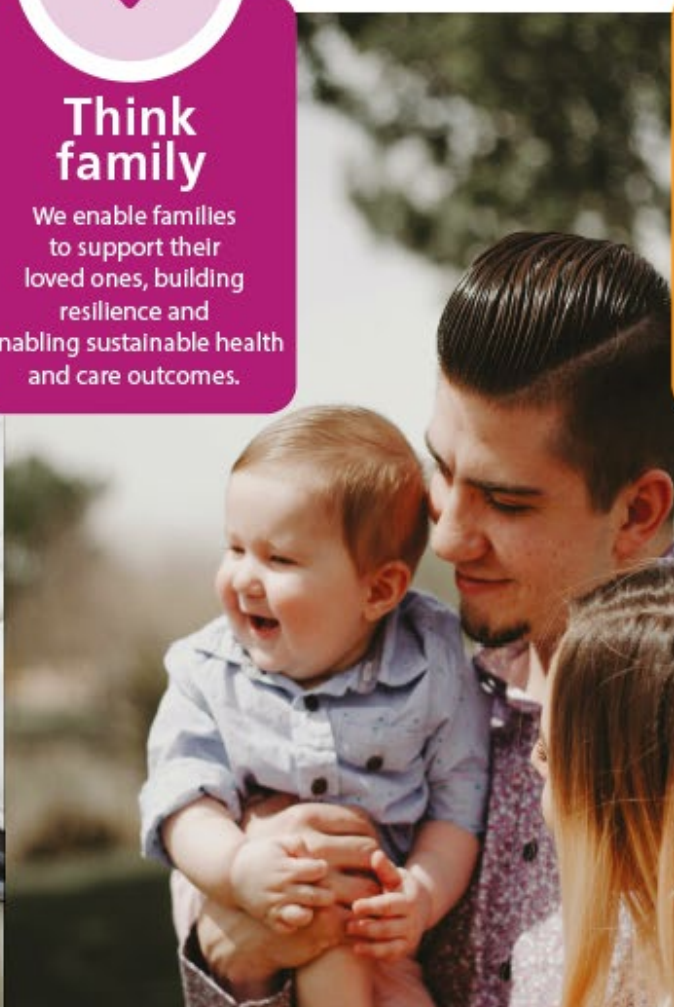
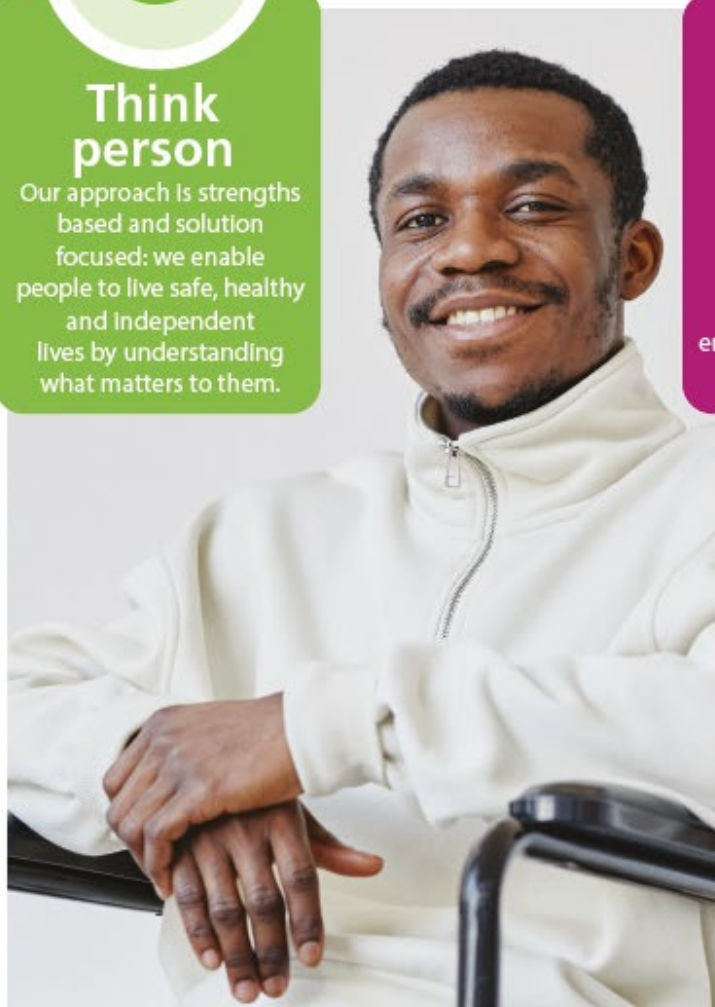
Think family

We enable families to support their loved ones, building resilience and enabling sustainable health and care outcomes.



Think community

We have an inclusive community approach to meeting people's needs and ensuring the next generation are healthier than the last.



Our big four

We are shining a light on four big health priorities.

Improving these health priorities for the people of Humber and North Yorkshire will significantly improve people's quality of life, reduce the leading causes of death, contribute economically and reduce the public cost of health and care.



**Reducing
harm from
cancer**



**Cutting
cardiovascular
disease**



**Living
with
frailty**



**Enabling
mental
health and
resilience**

Leading for Excellence

We are creating systems that join up and make better use of data to enable improved and more meaningful interventions, experiences and outcomes.

We are strengthening collaboration across our system, empowering providers to transform models of care to meet people's needs.

1

We are driving delivery improvement through innovation and research

We will:

- Embed and enhance our Innovation, Research and Improvement System (IRIS) as a driver of continuous improvement, increasing access to research opportunities and scaling up evidence-based practice.

2

We are introducing cutting edge approaches to digital and data

We will:

- Enable multi-agency approaches to early health intervention for children by joining up data
- Increase the adoption of best practice across our Yorkshire and Humber Care Record to promote a shared view of our citizen's care across partner organisations
- Undertake procurements and transformative implementations of our Electronic Patient Record systems to enhance efficiency and care delivery
- Continue to make progress in the use of data to provide high quality business intelligence and to support real time decision making
- Safely adopt the latest opportunities which Artificial Intelligence can offer, enabled through our thriving AI community of practice and AI governance function

3

We are empowering providers to work collaboratively

We will:

- Strengthen and enhance the role for provider collaboratives through agreed delegations and support arrangements
- Collaborate to provide universal high-quality health services that are proportionate to the need of the population

Leading for Prevention

Prevention is a crucial part of our approach to improving overall population health and reducing health inequalities, helping people to stay healthy and treating illness at an early stage, so they can live happy, independent lives.

Providing a vital connection to people, their families and communities, our six Places are central to narrowing the gap in health inequalities and increasing healthy life expectancy. We are enabling places and provider collaboratives to work together to drive effectiveness and best meet population needs.

4

We are enabling new approaches to managing population health and meeting need early

We will:

- Deliver a population health and inequalities programme that measurably moves towards the long-term aim of improving the life chances and quality of life
- Prioritise and implement evidence-based interventions that specifically improve Cancer, Coronary Vascular Disease, Mental Health and Elderly Frail Services
- Have renewed focus on children's health through our Start Well Board that emphasises early intervention and prevention to reduce the burden of disease later in life
- Engage and enable individuals and communities to access personalised care and self-care

5

We are driving integration within each of the six Places of Humber and North Yorkshire

We will:

- Increasingly devolve resources, decision making and accountability in keeping with our Place Framework
- Deliver integrated health, care and wellbeing services closer to home and in communities
- Reduce health inequalities for our most vulnerable communities

Leading for Sustainability

We will work within our resources to deliver financial balance; increase productivity and achieve greater value for money across the system.

We aim to use our collective powers and resources as anchor organisations to make a positive contribution to the economy, the environment and society.

6

We are taking a system approach to health and care workforce

We will:

- Accelerate our workforce Breakthrough programme
- Implement world class systems for attracting, deploying, nurturing and growing the potential of our workforce
- Ensure significant improvements in productivity by effective application of flexible working policies and use of technology

7

We are creating a sustainable estate and meeting our environmental responsibilities

We will:

- Organise health and care to meet the needs of our population for the next 20 years
- Maximise effectiveness of the spaces we use to provide services
- Deliver our Green Plans to meet Net Zero targets
- Seek new opportunities to reduce the environmental impact of our partnership

8

We are outcomes led and increasingly preventative in our use of resources

We will:

- Ensure the best value for money for our population
- Pool public money where it makes sense to do so
- Work towards an operational surplus to be reinvested in transformation and prevention
- Prioritise new money towards prevention and the causes of our Big 4 conditions
- Target our capacity to reach people disproportionately affected by preventable illness

Voice at the Heart

We are revolutionising how we think, behave, and aspire to better health and well-being for all.

We're fostering a culture where health isn't just a personal concern but a collective responsibility, where everyone, regardless of background or circumstance, has a stake in the wellbeing of their community.

We're not just advocating for change – we're driving it.

9

We are putting the views and experiences of the diverse communities we serve at the forefront of our transformation agenda'

We will:

- Pioneer innovative technologies, platforms and channels that enable access and amplify messages
- Establish leading edge approaches to understanding the views of the people we serve and develop programmes of engagement that promote health
- Improve equality, diversity and inclusion by co-producing solutions with under-represented groups

10

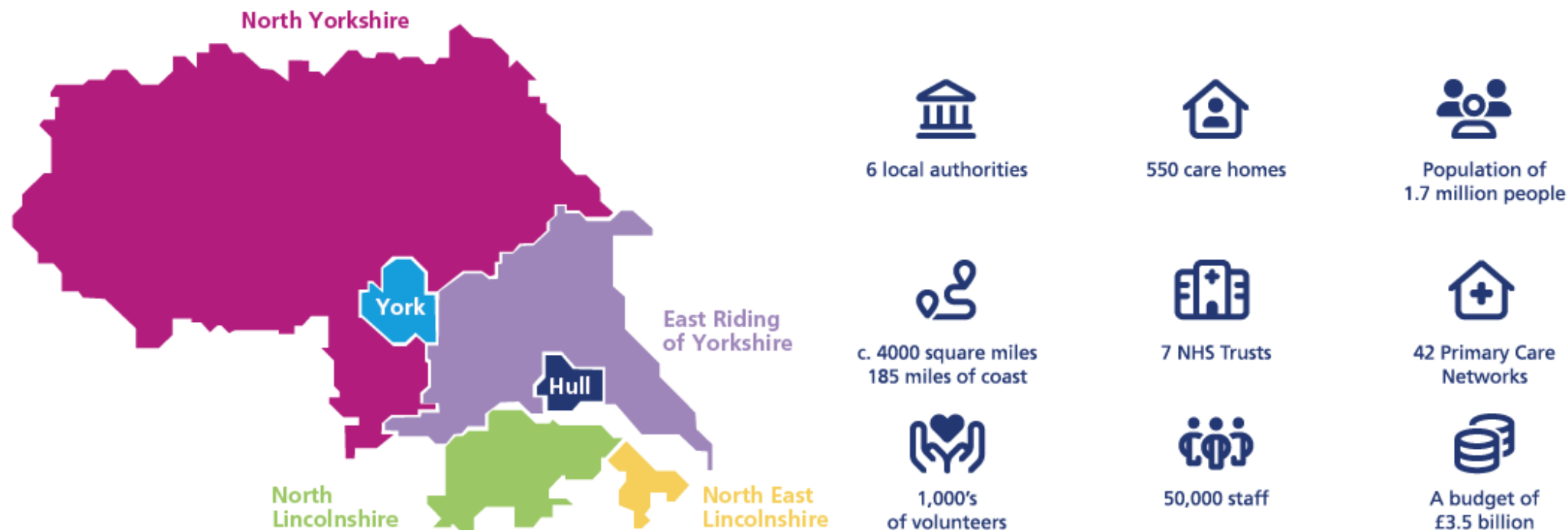
We are ensuring an influential system voice to policy makers

We will:

- Speak as 'one system, one voice' demonstrating impact and benefits of system working
- Develop relationships with policy makers across central government, mayoral combined authorities and local government
- Make the case for health and care to be at the heart of a shared agenda for productivity and socio-economic success

Appendix 1: Our partnership

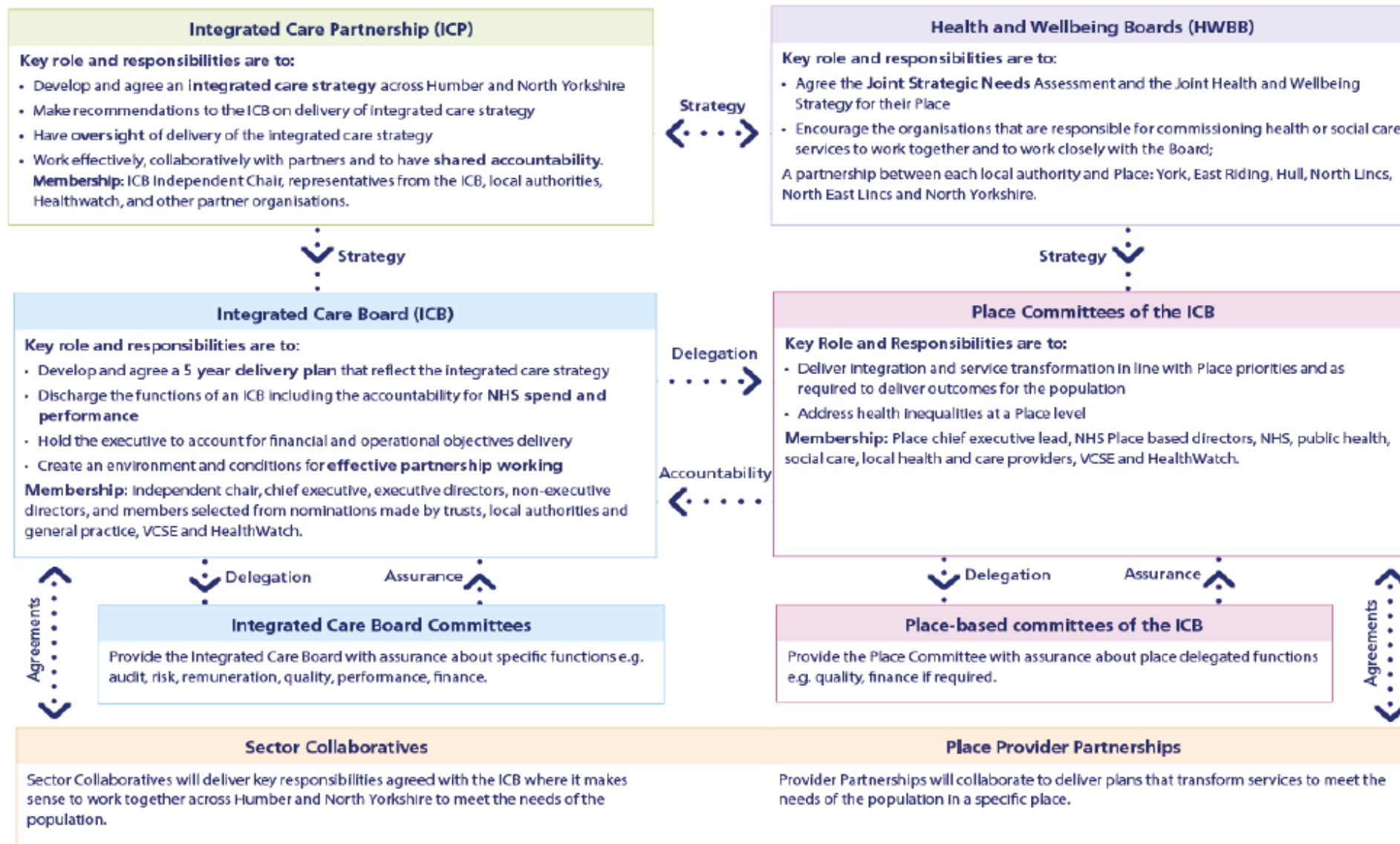
By working as a system, we are bringing together all the resources in Humber and North Yorkshire to best serve our population.



We are the Humber and North Yorkshire Health and Care Partnership. Our partnership brings together:

- the **six places of** East Riding, Hull, North East Lincolnshire, North Lincolnshire, York, and North Yorkshire
- **five provider collaboratives** for: the voluntary, community & social enterprise sector; primary care; community services; mental health, autism and learning disability; and acute providers (hospitals)
- our **Integrated Care Board**, which has responsibility for NHS resources and performance

Appendix 2: How our system works together



Appendix 3: Supporting Plans

This strategy is informed by the Health and Wellbeing Plans of the six places within our partnership. In turn, this strategy is implemented through system level plans, including those developed by our provider collaboratives and place partnerships. A single outcomes framework enables our impact to be measured, highlighting successes and areas for further development.



Find more information about
our plans and programmes



Humber and North Yorkshire
Health and Care Partnership

Integrated Strategy for Wellbeing, Health and Care

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