



# North East Lincolnshire Stronger Together

Stronger Economy:  
Stronger Communities.

**Together we can  
be stronger.**

Spring/Summer 2025



**The Credit Union: helping YOU to be better off! Page 11**

How our towns are changing Pages 4 & 5,  
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**We wish to  
thank our  
partners for  
supporting  
this brochure**

# The building blocks of change are in place

**By Cllr Philip Jackson, Leader of North East Lincolnshire Council**



**The foundations to  
create positive change  
can be years in the  
making, during which  
time there is little  
physical evidence of the  
hard work being done.**

It is only when the machinery moves in, and the hoardings go up, that people start to see transformation underway. In North East Lincolnshire, I am delighted to say that we are now at this stage with some big and exciting schemes on the ground that together will change the face of Grimsby Town Centre.

Look at St James' House. From a redundant building to a vibrant hub that will bring scores more businesses into our town centre. And this is just a short walk from Cartergate where LHP staff now occupy the ground floor of the impressive Wilkin Chapman Rollits building.

Then we see, just across the River Freshney, the great work being done on the old West Haven Maltings buildings. This historic but derelict structure is being skilfully restored, piece by piece, to create the most fantastic facility that will impress and inspire our young people.

When OnSide opens the doors of its new Horizon Youth Zone this autumn, it will be supported by all those who have ensured its successful completion and I will always take pride in the part this council has played in making this happen.



Cllr Jackson at Alexandra Dock – the site where more than 100 new urban homes are planned.

One hundred and twenty new homes on the Alexandra Dock land next door to Horizon will complete the regeneration of this square of town centre land – next to the new Garth Lane footway and bridge. Again, this will bring more footfall into our town centre and provide much-needed good quality homes.

Then we have the Freshney Place Leisure, Food Hall and Market scheme. Work on this 'game-changer' for Grimsby is underway. In reshaping this area of Freshney Place, we will bring a cinema and a fresh modern food hall and market venue – ensuring our retail offer is complemented and remains strong, whilst supporting the 1,700 people who currently work in this centre.

Change does not happen overnight, and along with my fellow Cabinet members, I understand that can sometimes cause frustration amongst residents – however we assure you, it's started now, and we cannot wait to see the results. Grimsby Town Centre is changing!

**For all the details of our regeneration schemes in Grimsby and Cleethorpes, see pages 4&5 or go to Business and investment / NELC**



# New elected Mayor visits Grimsby

**Dame Andrea Jenkyns has been elected as the first Mayor of the new Greater Lincolnshire Combined County Authority, (GLCCA).**

Following the election in May, Dame Andrea was sworn in during a ceremony at Lincoln Cathedral. In front of an audience of invited guests, the new Mayor and the GLCCA's interim Chief Operating Officer Lee Sirdifield, signed paperwork to make the appointment official.

During her acceptance speech, Dame Andrea spoke of her determination to fulfil the mandate she had been given by the people of the greater county.

"I will ensure that your voice is heard, consult with you on key matters and ensure that Lincolnshire is a thriving place to live, to work, to bring-up our children, and to be the best place to retire and spend our golden days," she said.

Dame Andrea paid special mention to economic activity across the Humber, adding: "I will work with other Mayors, including closely with Luke Campbell our new Mayor of Hull and East Yorkshire, to ensure that the Humber region thrives and reaches its full potential."

One of Dame Andrea's first engagements saw her visit Grimsby where she met leading officials and attended a meeting of the Greater Grimsby Board.

Her visit included a tour of our town centre regeneration schemes to see the work being done to secure a positive and transformational future for Grimsby and the wider borough. On seeing the 'exciting' projects underway, Dame Andrea pledged to do what she could to help the borough, and wider county, to attract further such investment.

For more on the GLCCA and what it means for North East Lincolnshire go to: [www.greaterlincolnshire-cca.gov.uk](http://www.greaterlincolnshire-cca.gov.uk)



## Grimsby's historic bridge will be fully restored

***"Corporation Road Bridge is of significant historical importance to our town. We will not be swayed in our commitment to preserving and saving this Grade II structure, which will form one of the centrepieces of a transformed Grimsby Town Centre."***

The words of the Portfolio Holder for Highways, Cllr Stewart Swinburn, as the final stages of this restoration will proceed, following the appointment of a new contractor. This will see the complete restoration of the important lifting mechanism, which allows the structure to raise - allowing vessels to pass. As a listed structure, it's important that the bridge is restored in full working order.

Until this point the principal contractor had been Spencer Group, which started the project in 2023. However, after significant delays and a number of issues, the council believes that, in order to ensure the bridge is open in the quickest

and most efficient way possible, it is time to go out to the market again for the remainder of the work.

**Keep up to date with bridge news at [Corporation Road Bridge major restoration](#) | NELC**



## Libraries: last chance to have your say

This summer newsletter should have landed through your letter box before Wednesday 9 July and so you'll still have chance to give us your views on the future of the Library Service.

The council is asking all residents to get involved at **Have your say** | NELC

Cllr Hayden Dawkins, Portfolio Holder for Culture, Heritage and the Visitor Economy, said: ***"Our vision is to create libraries that appeal to all ages and offer something for everyone. I wish to make it clear that no decisions have been made on the future of the service. That will only take place after a full analysis of the Phase Two consultation results and further discussions."***

# Our Changing Towns



## Transport update

Over the summer, the redundant units on Osborne Street are being demolished to make way for a new Transport Hub, bringing the public bus services together again in one site. Abbey Walk is also due for demolition so that a surface car park can be created on the site. The artworks at Abbey Walk have been 3D scanned for long-term digital preservation, and are now available for anyone to download and use.



## Blooming marvellous!

As part of the regeneration works in Grimsby, Victoria Street is adorned with plants and flowers, nestled in a range of hanging baskets, large planters and even living walls. This is brightening up the area and providing a more welcoming environment, helping reduce crime, and is helping to make Grimsby somewhere people want to spend time. Cllr Ron Shepherd, Cabinet member for Safer and Stronger Communities, said: *"As we go into a new regenerated Grimsby, it's essential that we give the public an area they want to visit and feel safe in doing so. I firmly believe the future of Grimsby is one of positivity and cannot wait to see it thrive in the coming months and years."*



## New home for small businesses

E-Factor are finally in! With eleven of the eighteen available offices and two of the three double arch units already taken, June will start to see this old building finally come to life, and we can't wait!

The light, modern offices offer 24-hour access to our entrepreneurs and local businesses who enjoy the outstanding facilities, reliable broadband, and 'easy out' terms.

With one 'double arch' unit recently becoming available, this is a great chance to be part of this exciting development in the heart of St James Square. E mail [Natalie.cresswell@e-factor.co.uk](mailto:Natalie.cresswell@e-factor.co.uk) for more information.



## Events galore!

Riverhead and St James Square are now regularly being used as places where we can hold events, like the monthly Farmers' Market and festivals too. Cllr Hayden Dawkins, Cabinet member for tourism and culture, said: *"These are great spaces now, being used to help bring activities and people into the town centre. We need to make the most of what is being created, pushing towards making this a thriving place."*





### Coming on the Horizon

Horizon Youth Zone is a brand new charity, set to provide thousands of young people with the opportunity to discover their passion and their purpose. Due to complete late 2025, Horizon Youth Zone will sit in the heart of Grimsby, in the former West Haven Maltings and Migar House buildings - perfectly blending the town's heritage with future purpose. The state-of-the-art youth centre will provide a safe, vibrant space for young people to engage in over 20 activities and access support from skilled youth workers, helping them to develop their skills and reach their full potential. To find out more, visit [www.horizonyouthzone.org](http://www.horizonyouthzone.org)



### Freshney Place

We started work on the Freshney Place development scheme earlier this year. So far, the old market hall has gone, and the top floor of the BHS building has been demolished too. As part of the development, contractors, GMI are encouraging local people to get into construction. They've hosted children from Littlecoates Primary within the site to see some of the demolition, they're also attending lots of local skills-led events.



### Cleethorpes Heritage

Work is well underway in Cleethorpes on two more heritage projects – the Mermaid on the North Prom, and the Dolphin. Specialist companies are helping to reinstate lost architectural features to enhance these historic assets, part of a £2.9m programme, supported by the National Lottery Heritage Fund.



### Down Docks

Over the next three years, a new round of heritage funding will help to bring more historic buildings back into use on the docks. Examples of projects which were supported under the previous scheme are Alfred Enderby's, which has expanded into a neighbouring building that had been vacant for over 10 years; the Peterson's Project, which saw the Grade II listed Peterson's Smokehouse fully refurbished; and Creative Start CIC adding another building to their portfolio, which is now safe and dry following roof repairs and new windows and doors. This building has also had a facelift with a mural via the Paint the Town Proud programme.

# Learning on your doorstep!



Lincs

LEARN ★ CONNECT ★ EARN

Whether you're looking to start something new or upskill, there are options for everyone with a range of local providers.

## For adults 19+

We can help with:

**JOBS | SKILLS | TRAINING | CAREERS**

**Not sure where to start?** Our careers team is here to help. Meet with a qualified advisor to explore training and employment opportunities.

**Book your free appointment by emailing [Wendy.trask@nelincs.gov.uk](mailto:Wendy.trask@nelincs.gov.uk) or come to Grimsby Job Centre from 10am to 3pm on the first Wednesday of every month.**

Visit [www.nelincs.gov.uk/adult-education-and-learning](http://www.nelincs.gov.uk/adult-education-and-learning) for more information, including a list of providers and upcoming events or training days.



# Supporting young people

**YPSS**  
Young People's Support Services

Young People's Support Service (YPSS) offers employability related information, advice, guidance and mentoring support to young people across academic years 11, 12 and 13 or up to age 25 if a person has additional needs and/or is care experienced and requires support.

Come and chat to our team of Careers Advisers and NEET Practitioners about:

- Careers
- Further Education
- Training/Apprenticeships/Study Programmes
- Employment

We can offer one-to-one support, help with applications and interview skills, arrange visits to local colleges/training providers, support with attending appointments if required and help with next steps after leaving school. We also offer a GCSE results service and can help with next steps if things didn't go according to plan or plans change.

**Find out more about how we can help by emailing: [YPSS.MIS@nelincs.gov.uk](mailto:YPSS.MIS@nelincs.gov.uk)**

Scan me for an online library of local opportunities: (go to <https://www.lincs2.co.uk/>)



## Shaping your workforce

NET specialises in sector specific training, education and recruitment. Engaging with over 200 employers, more than 12,000 qualifications gained per year, NET is proactively helping individuals realise their potential.

### WE OFFER COURSES IN:

Commercial Training

Workforce Projects

Pre-Employment Training

#### Find out more:

Email: [info@nationalemployertraining.co.uk](mailto:info@nationalemployertraining.co.uk)

Phone: 0800 953 0434



nationalemployertraining



National Employer Training

### COMMUNITY LEARNING CENTRES

Our Community Learning Centres in Louth, Grimsby and Immingham flexibly deliver a variety of funded programmes including Maths, English and IT. The Grimsby Institute is delighted to be able to offer support to parents/guardians of home educated learners aged 14 & 15 years, subject to eligibility.

**net** National Employer Training  
Shaping your workforce



Find out more about NET



Find out more about our Learning Centres

**FREE Courses Available**



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# We're Hiring

  
NORTH  
EAST  
LINCOLNSHIRE  
COUNCIL  
[www.nelincs.gov.uk](http://www.nelincs.gov.uk)

# "It's the people"

Join North East Lincolnshire Council and be part of an amazing team with people who are truly committed to doing the best for our place.

**Find your next role with us**

[www.nelincs.gov.uk/jobs](http://www.nelincs.gov.uk/jobs)



North East Lincolnshire Council

# FOSTERING

★ Bright Futures ★

**Your home  
could be  
their haven.**

**Become a  
foster carer.**



"It's like he has always been here.  
Having a teenager for us has been  
the best thing ever."

**Could you be the differenceA  
to a local child?A**

Find out more by visiting  
Fostering in North East  
Lincolnshire | NELC







# aaaaaand breathe...



**Sensory rooms are FREE  
to book at your local Family Hub**

Did you know that Family Hubs are a one stop shop for advice and support for families with children of all ages.

**Visit us today.**



# Help's at hand – find out if YOU can apply!

Did you know, there's a raft of support that people can get if they have money worries.

## Council Tax support

This is money OFF Council Tax if you've less than £6,000 savings. Getting it will depend on who's living in your home and the amount of money that's coming in. It's available to single people, families, couples, workers, retired people, unemployed people, those with low incomes, renters and home owners.

**Visit and apply at: Council Tax support / NELC**

## Hardship Scheme

### (Extra Council Tax Support Fund)

If you're still struggling to pay your council tax with support, you could get extra payments. You could even get the difference between the council tax support you receive and the amount you still need to pay. To apply you will need details of your household's income and a list of outgoing payments. **Find out more at:**

**Extra money for rent and council tax / NELC**

## Discretionary Housing Payments

If you receive housing benefit or the housing element of universal credit and it isn't covering your full rent, you could receive a discretionary housing payment (DHP). These are temporary, to help people get back on their feet.

**For more visit Extra money for rent and council tax / NELC**

## Help & advice

If you're struggling to pay your Council Tax, **call 0300 3030164** (Option 2) as soon as possible. There are people who can help you NOW to look at payment plans and possible benefits. Not paying could lead to bailiff and court fees, so please get in touch now.

## Why we all pay Council Tax

**Council Tax is a charge on households and is based on an estimate of how much a property is worth, and the number of people living there. There's one charge per household, and that applies to houses, bungalows, flats, mobile homes and even houseboats. Council tax rates are set every year at a council meeting.**

Council Tax only makes up 24.2% of this council's annual budget with other money coming from grants, business rates, fees and charges, and housing benefits. Of all the money that comes into the council, the most is spent on Children and Family Services (32.2%) followed by Adult Services (18.2%).

Some of the money also goes to the Humberside Police and Crime Commissioner, the Humberside Fire Authority and the Parish Councils.

Cllr Steve Harness, North East Lincolnshire Council's Portfolio Holder for Finance, Resources and Assets, said: *"Council Tax is a vital source of income to ensure that all local authorities provide necessary services to their residents, from street cleaning and bin collection to maintaining highways and green spaces, and looking after young people and adults."*

*"It is important that people understand what services are provided, and that everyone also understands just what help is available for those who are genuinely struggling – if that is you, then please get in touch."*



# Helping people in North East Lincolnshire to be better off



[www.hullandeycu.co.uk](http://www.hullandeycu.co.uk)



## Supporting local families

As a member-owned not-for-profit Credit Union, we understand how the rising cost of living is affecting local families. That's why we've introduced some handy affordable loan products to help you manage your money well throughout the year.

Our **School Uniform Loan** is an ideal way to spread your 'back to school' costs over the whole year, with repayments as low as £4 per week on a £150 loan. That's much cheaper than doorstep lenders. There are no set up fees, just a fixed interest rate of 3% per calendar month (max. 42.6% APR).

To help you cope with the ups and downs of family spending on a modest fixed income, try our popular **Family Benefit Plan**. Having your Child Benefit paid into a CU account takes care of loan repayments, lets you save up alongside for Christmas, holidays etc, and moves any spare funds to your bank the same day for free. It's a fantastic helping hand to make the most of your money, and easy to qualify – you don't need a perfect credit history. Apply for up to £1,000, subject to our affordability assessment.

For young people, from birth to age 17, we offer a **First Saver account**. It's a simple, ready access deposit account to help the special children in your life to catch a savings habit early. Why not open one for them today, then you'll be able to watch their nest-egg grow as they do! Remember, it's **FREE to join** and become a member-owner of your Credit Union.

## Vote for us and you could win £1,000...

HEY Credit Union has been nominated for a **Consumer Credit Award 2025** and we would love it if you could vote for us!



For every vote you submit, you will receive one entry into the Smart Money People's prize draw for a chance to WIN £1,000. You may vote up to two times – once under the **Loans** category and once under the **Savings** category. It's a chance to rate your experience of our services and provide valuable feedback.

To vote visit our website and click the banner. Vote closes 25.7.25

## Nurtrio offers Payroll Save & Borrow

Grimsby-based social enterprise **Nurtrio** is the latest employer to offer our popular staff wellbeing benefit to its team. They can now save and repay any loans with CU direct from their wages. It's the best way to start and keep a regular saving habit. Employers – to find out more email [info@hullandeycu.co.uk](mailto:info@hullandeycu.co.uk)

## We can help with larger loans too...

Your credit union is a competitive lender of up to **£20,000** to spread the cost of 'big ticket' items over a sensible period. Whether for a new car, home improvements, 'green energy' conversion or a special holiday, we love to help. Every application is seen by a trained human underwriter and, because we care about our members' wellbeing, we never lend more than you can afford to repay. For a **free quote**, visit [www.hullandeycu.co.uk/loans](http://www.hullandeycu.co.uk/loans)



## Where to find us

Despite the recent closure of Grimsby Library, our friendly local team, Sally and Quinn, are still out and about in your community at the following regular venues:

### Community Shop, Centre4:

Tu 10am – 12.30pm

### West Marsh Community Centre:

W 11am – 2pm

### Freeman Street Market (The Courtyard):

F 10am – 2pm

### Immingham Family Hub:

Th 9am – 1pm.

Follow our social media for updates on our new location to open in **Grimsby town centre**.

For the full range of services our members enjoy, handy money tips, a benefits checker, budget planner and links to support services, visit [www.hullandeycu.co.uk](http://www.hullandeycu.co.uk)

## Since Grimsby's CU branch opened in 2022:

**960 Members** have joined

**£244,783** has been accumulated in **Savings**

Local Members earned **£10,800** in **Saver Rewards**

**782 Members** have taken out **Loans** with us totalling **£1,283,574**

*We estimate NEL residents have **saved over £962,680** in interest charges by borrowing from us instead of using doorstep lenders.*

Follow us on social media to keep up to date with our latest news and prize draws: 'HEYCreditUnion'



# Help with Cost of Living

## Household Support Fund

The Council has been awarded just over £2.7m from the Government's DWP Household Support Fund to help its most vulnerable communities to March 2026.

This is the seventh round of funding and the previous schemes have provided support for free school meals, direct payments, boiler servicing for older people and food bank support. The scheme will continue to fund the Warm Space initiative; organisations involved in this can be found here:

[www.nelincs.gov.uk/benefits/household-support-fund](http://www.nelincs.gov.uk/benefits/household-support-fund)

The fund supports with costs for energy, food and emergency household expenses through vouchers, goods and grants, benefit and debt advice as well as other support. For more information on this, as well as Council Tax, Housing Benefit or Free School Meals, visit

[www.nelincs.gov.uk/benefits](http://www.nelincs.gov.uk/benefits)

## Claim pension credit NOW to unlock support.

Pensioners - have you checked if you can claim pension credit to help support your income?

AGE UK North East Lincolnshire can help you check and also help you apply for support. Office appointments are available at both the Grimsby and Cleethorpes offices, as well as home visits, where appropriate.

Call 01472 344976 to start your journey or visit [www.gov.uk/pension-credit](http://www.gov.uk/pension-credit)



## Something on your mind? Unsure what's available to help manage money and access additional support?

Citizens Advice Bureau North East Lincolnshire and Centre4 can help you with debt, welfare, benefits and housing support.

In addition, Centre4 can connect you to...

- Local social activities
- Mental health and wellbeing support
- Parenting support and matching you to a volunteer.

Scan QR code  
for more information



## Would you like to help?

Citizens Advice Bureau North East Lincolnshire offers free training that covers the basics of debt and welfare issues, including to access self-serving support.

Centre4 would welcome volunteers to support their 4Families programme.

To find out more about available support and ways to help others, please get in touch.



17a Wootton Road,  
Grimsby DN33 1HE

01472 403403 [centre4.org.uk](http://centre4.org.uk)



16 Town Hall Street,  
Grimsby DN31 1HN

01472 252505  
[www.advicenel.org.uk](http://www.advicenel.org.uk)





## North East Lincolnshire Domestic Abuse Services

**The new Domestic Abuse Services Hub is now OPEN!**

Based at 15 Wellowgate Grimsby, DN32 0RA, the Hub is there for confidential advice and support for everything related to domestic abuse.



The Hub hosts a variety of drop ins ranging from solicitors to local housing advice, alongside their domestic abuse support workers who are available to talk every day.

The service can support people of all ages and genders.

If you are in immediate danger ring **999** – if you cannot talk during the call press 55 when prompted.

**Ring 01472 575757 for 24/7 domestic abuse support and advice.**



## Housing Related Support – how we can help

**Mark found himself struggling with his money, he was falling behind on his bills and he needed help before he found himself in rent arrears and losing his home.**

**He contacted the North East Lincolnshire Council Home Options Team to see if there was anything they could do to support him with his money.**

He was able to get a Housing Related Support (HRS) officer whose aim is to help people become more confident and live independently.

The HRS officer first started by checking if Mark was receiving his full amount of benefits. They found some he was eligible for that he didn't know about so he started receiving more income every month.

They helped Mark to check any debts he had. They went through his bank statements together to see if there were any debts he could band together into one payment. He was very behind on his council tax so they were able to help him put a payment plan in place.

Mark was assisted to look at his lifestyle, he had a lot of credit cards that were nearly at their limit, so he had a lot of debt. The HRS worker helped Mark to look at his spending habits, learning how

to budget well to make the most of his money.

Mark told his HRS officer that he was interested in cars, she found him a training course at Grimsby Institute focusing on mechanics.

Mark was helped to fill in the application form and is looking forward to learning a new skill.


He is hopeful that this will lead to a job in the future, doing something he is interested in.

Having received Housing Related Support for a few months, Mark is more confident and able to budget his money, and he is getting back on top of his bills. Now, Mark no longer worries about falling behind on his rent.

**Cllr Stewart Swinburn, Portfolio Holder for Housing, Infrastructure and Transport said:**  
***"It's great that Mark is now back on his feet and has received the support he needs to help him sort out his financial situation."***

***"HRS works best when you get in touch early, so ring 01472 326296 as soon as possible."***





**“I thought quitting  
would mean giving  
up my mates too –  
but it didn’t.”**

**Jade, 29**

**Jade had been smoking since she was 15. For her, it wasn’t just a habit — it was part of her daily routine, especially on breaks at work and when meeting up with friends.**

*“It was just what we did. Have a brew, have a fag, have a laugh. I honestly thought if I quit, I’d be sat on my own while everyone else went out for a smoke.”*

*But the constant tiredness, the cost, and the wheezing going up the stairs started catching up with her.*

*“I’ve got two young kids and I was knackered all the time. I’d get to the end of the day and feel like I’d run a marathon. And when I worked it out, I was spending over £60 a week on cigarettes. That’s over three grand a year!”*

*That’s when she heard about the NEL Wellbeing Service Swap to Stop programme.*

*“They gave me a vape to help with the cravings and didn’t make me feel stupid or judged. They just got it. I didn’t have to go it alone – my Wellbeing Worker was there for me, checking in, giving tips when I needed them.”*

*With help from the Wellbeing Service, Jade used the vape to cut down gradually, then quit completely a few months later.*

*“And my mates? They were proud of me. I still go out with them, I just don’t need the cig anymore. I’ve got more energy, more money, and I don’t stink of smoke around the kids.”*

*“Best bit? I’ve saved enough to book our first family holiday — we’re off to Spain in August. I never thought quitting smoking would lead to that!”*

**Written using experiences from service users across North East Lincolnshire.**

**Ready to feel better and save big?**

*Quitting is hard — but you’re not alone.*

**We offer free starter vape kit and NRT, expert support and friendly advice to help you take control.**

**Call us on 01472 325500 to start your journey.**

Stock image used.

**Smokefree  
North  
East  
Lincolnshire**



**Wellbeing  
Service  
Referral**





# Taking care of yourself with the Five Ways to Wellbeing

Building small actions into your daily life can make you feel good, and feeling good is an important part of being healthy. There are **5 WAYS TO WELLBEING** that are proven to make a real difference to you.



**1. CONNECT:** Connecting with the people around us is a great way to remind ourselves that we're important and valued by others.

Arrange to meet people regularly, reach out to old friends and take time to get to know your neighbours.

**2. BE ACTIVE:** You don't need to climb a mountain. Start small and exercise around your routines.

Pick an activity that you like, will get pleasure from and that suits your level of fitness. It could be a walk to the local park or hula hooping in your garden.

There are many ways you can be active - think of things that you already do!

Exercise has been shown to increase mood and has successfully been used to lower rates of depression and anxiety.

**3. TAKE NOTICE:** Be mindful of your surroundings.

Learn to appreciate moments of beauty happening around you. Take a moment to breathe and explore anything that catches your eye.

Reflecting on your experiences helps you appreciate what matters. Notice if you or others feel unwell, as physical health is crucial for wellbeing. Listen to those who feel sad, as sharing can ease their fears.

**4. KEEP LEARNING:** It is never too late to learn a new skill.

Keeping your brain active and challenged throughout life may help reduce the risk of dementia. Learning new things is a good way to boost our self-confidence, which improves our mental health and wellbeing.

You could try out a new recipe, join a class or learn a new language.

**5. GIVE:** Research has identified a link between doing good things and an increase in wellbeing.

Try and do one kind thing every day, whether that be volunteering your time, fundraising for a good cause, sharing a warm smile, or just offering a listening ear.

**TAKE THE  
TRAINING.  
SAVE A LIFE.  
#TALKSUICIDE**

**DO IT NOW.  
WWW.TALKSUICIDE.CO.UK**





# Public Health Matters: Building the Foundations for a Healthier Life

When we think about health, we often picture GP surgeries or hospital wards. But good health starts much earlier — and much closer to home. It begins in our homes, on our streets, at work, and in our communities.

Public health is about creating the conditions that help everyone live longer, healthier lives — not just treating illness, but preventing it in the first place.

In fact, only about 10% of what makes us healthy comes from medical care. The rest is shaped by the world around us — the quality of our housing, the food we eat, the jobs we do, the transport we use, and the people we connect with every day.

These are the **building blocks of health**, and they matter for all of us.

Councillor Stan Shreeve, deputy leader of North East Lincolnshire Council and portfolio holder for health, wellbeing and adult social care, said:

*“Here in North East Lincolnshire, we’re fortunate to have many things that support good health: a beautiful coastline, peaceful green spaces, a strong sense of community, and a growing range of services for families, carers, older adults, and young people. But we also know that not everyone has equal access to these benefits — and we’re working to change that.”*

## What's Being Done

North East Lincolnshire Council and local partners are already strengthening the foundations of good health by:

- Helping residents keep their homes warm and energy bills down through the **Warm Homes scheme**



- Supporting parents, children, and carers through **Family Hubs** and early years programmes
- Offering **free wellbeing support** — from stopping smoking to managing stress
- Improving **parks, play areas, and walking routes** to make it easier to stay active
- Helping adults access **work, training, and volunteering opportunities**

## What You Can Do Today

Living a healthier life doesn't mean changing everything at once. It starts with the basics — and knowing that support is available.

Here are some easy ways to get started:

- **Find local activities, services, and community groups:** <https://connectnel.com/>  
**Call the Wellbeing Service for free**, friendly advice: 01472 325500 or visit <https://livewell.nelincs.gov.uk/your-wellbeing/>
- **Explore support for parents and carers:** Children, Families and Schools [www.nelincs.gov.uk/children-families-and-schools/](http://www.nelincs.gov.uk/children-families-and-schools/)
- **Get help with housing, energy, and finances:** Homes and Property [www.nelincs.gov.uk/homes-and-property](http://www.nelincs.gov.uk/homes-and-property)

**Together, we can build a healthier, happier North East Lincolnshire - one step at a time.**

The Maternal Wellbeing Service is a non judgemental, confidential service that can help you talk through your worries.



## LET'S GO FOR A CUPPA!

If you are wanting to get pregnant, already are pregnant or just had a baby and you are struggling.

We can support you with many things, including:

- Anxiety / stress / low mood
- Loneliness / confidence
- Sleep / physical health
- Coping with changes
- Baby loss



Go to [www.nelincs.gov.uk/mws](http://www.nelincs.gov.uk/mws) or call 01472 325500 or scan the QR code to find out more.



# For helpful tips, advice and support on feeding your baby

...contact our infant feeding team today or come along to a drop-in support group at one of our local Family Hubs

Speak to one of the team today on 01472 325000 or email...

**[nelinfantfeedingteam@nelincs.gov.uk](mailto:nelinfantfeedingteam@nelincs.gov.uk)**



## Starting school on the right foot from your School Nurses

It is completely normal for both children and parents/carers to feel both excited, but also a little unsure about this next big step. Here are some helpful tips to help with the transition.



### Advice for 4-5 year olds

- Talk about playing with friends, listening to stories, singing songs, and making crafts.
- Share photos of the school and teachers to help your child get familiar with the environment.
- Get your child to try on their school uniform, practice the journey to school, and dressing independently.
- Read books about school to discuss and answer questions.
- Teach your child to use the toilet and wash hands independently.
- Support your child in establishing a good bedtime routine so they are ready to learn when at school.

### Advice for 10-11 year olds

- Remind your child that everyone is in the same boat.
- Encourage joining clubs and reassure them that friendships take time.
- Practise the route to school and consider parking further away to boost independence.
- Help your child understand timetables, maps, and help them organise their books and equipment.
- On their first day arrange a meeting place with a friend and discuss what to do if they miss the bus or lose their bus pass.
- Encourage your child to maintain a good sleep routine including reducing the use of a mobile phone (or other digital device) a minimum of one hour before bed.

**Scan the QR code for more help and guidance from the school nurses team**



# Experience the history of Immingham at the independent museum

So much history is tied up within the town and port of Immingham, from the dramatic escape of the Mayflower Pilgrims in the 1600s to the opening of Immingham Dock by King George V in 1912.



And if you didn't already know it, this year Immingham Museum, located at the Civic Centre, will have been telling the story of the town through some fantastic exhibits for 55 years.

Adjoining the library on Pelham Road, this small, independent, family-friendly museum with charitable status is run by a team of 20 volunteers and attracts 2,500 visitors each year.

The first floor of the museum is dedicated to an extensive model railway display and the influence of the Great Central Railway on the town and port of Immingham.

During the weekends of September 14 and 21 this year, the museum will hold Heritage Open Days to celebrate 200 years of railways and their importance in Grimsby, Cleethorpes and Immingham.

Inside the museum you can also find a range of exhibitions celebrating the history of Immingham's connection to the Mayflower Pilgrims and their escape from the shores of Immingham, and The History of Immingham Dock.

Many of the displays feature memorabilia such as photographs

and documents, cameras and telephones, along with room settings from different eras. There is a rolling programme of changing exhibitions each year, such as a fantastic display of World War II artefacts and memorabilia, including an actual Butterfly Bomb!

ABP have supported the museum by sponsoring the upstairs floor and, in particular, the creation of a spectacular multi media room where visitors can see in real time the transport movements by air, sea and rail in our area.

Why not walk the Pilgrim Heritage Trail as part of your visit? The Trail starts at the museum and takes in the Pilgrim Memorial, St Andrew's Church and Mill Lane.

The museum is open from 1-4pm on Tuesday, Wednesday and Saturday afternoons. Entry is free of charge.

Whilst much of the museum is wheelchair accessible, regrettably the upper gallery is only accessible via stairs and no lift is available. Groups are welcome by prior arrangement.

**Telephone: 07518 899048**  
**(During opening hours only.)**

## This library is part of a vibrant hub of activity

Immingham Library is part of a vibrant hub at the Civic Centre that offers a wealth of activities for residents of all ages.

The library offers everything from traditional services such as borrowing books, to use of public PCs, free wifi, access to local newspapers, signposting to community and council information and regular events.

The library has something for everyone, and especially activities for younger readers. There are Shake, Rattle and Read events with stories, songs, music and movement perfect for pre-school children and younger. They take place at 9.30am on Tuesdays. Cost £2.50.

Little Readers are free drop-ins for pre-schoolers and their parents or carers with play, stories, songs and crafts. Although no booking is required, capacity is limited. They take place at 9.30am on Fridays.

Reading groups are free and a great way of meeting like-minded people and sharing opinions. Immingham Library welcomes new members, and can provide copies of titles, including large print and talking books. Groups meet monthly on the first Monday of the month, 1:30pm to 2:30pm, and first Friday of the month, 10:30am to 11:30am.

The Summer Reading Challenges also begin this month. These are two free activities inspiring a love of reading for children, and with a separate challenge for adults.

The library opens Monday to Friday 9am-5pm and Saturday 9am-1pm. Closed Bank Holidays.  
**Contact the library on 01472 323631.**



# The Haven

A place for all our young people to meet, chat and get free support and guidance.

The Haven has moved from Osborne Street to a new home on Queen Street in Grimsby Town Centre where it will stay until the new OnSide Horizon Youth Centre opens in the autumn.

It's a safe place for young people to meet up, have fun, and find info on lots of different support services such as We Are With You, and Young and Safe.

They will also be able to find staff from the Journey Enrichment Fulfilment and Friendship project, Not in Education or Employment (NEET) or training practitioners and a sexual health nurse. It's completely free and safe with young people being able to seek help confidentially.

There's also a community shop, youth group sessions, and quiet rooms.

## OPENING TIMES:

**All young people:** 6.30pm-9.30pm on Thursdays and Fridays.

**Girl's Group,**  
Mondays 6.30pm-8.30pm

**Careers/Training/Education advice,**  
Wednesdays 1pm-5pm

**Substance/Alcohol support**  
drop-in Wednesdays, 2pm-5pm

**Sexual health drop-in,**  
Thursdays 4pm-7pm

Cllr Margaret Cracknell, portfolio holder for children and education at North East Lincolnshire Council, said: ***"The new building is fantastic and has clearly been redeveloped with young people in mind."***

***"I'm confident that they will make use of this critical resource and take advantage of the valuable information, advice and guidance on offer here."***



**Lincs Inspire**

# Stars of Summer

**6 weeks of sensational activities**

Fully supervised clubs for children aged 5 to 12

Book online:  
[lincsinspire.com/schoolholidays](https://lincsinspire.com/schoolholidays)

**KIDS BOOK BINGO**

# Start the journey of a lifetime

with Lincs Inspire Libraries

**Turn summer reading into a game of BINGO.**

Pick up your Bingo Card from a Lincs Inspire Library. Not yet a member? Join for **FREE**

Cleethorpes Library | Grimsby Library | Immingham Library | Waltham Library

From 1st July to 30th September 2025. Under 16s.

[lincsinspire.com/summer-reading-challenge](https://lincsinspire.com/summer-reading-challenge)

**Lincs Inspire**

# This is...a Grimsby PlayZone

**Grimsby actor Thomas Turgoose is delighted with the new Grant Thorold Park Play Zone.**

People can use the 'PlayZone' multi-use games area (MUGA) for sports from basketball to football, with a pitch size of approximately 30 by 20 metres, in built goals, hoops and line marking.

Run by Shalom Youth Centre, it's free for individuals to use with an online booking system. Groups can book for a small fee.

Thomas, who spent a lot of time at the Shalom Centre in his youth, was joined by members of the local community at the opening event.

He said: "I think it's brilliant, this is the first time I've seen it in full flow and it's just great. You have an idea of what these things might look like when they're built and open, but this is amazing and is such a nice surface for the kids to play on."

**To book: Clubspark / Grant Thorold PlayZone / Grant Thorold PlayZone Book A Slot**



## Have you clocked the change

**Works to a clock tower that has formed part of the Grimsby skyline for almost 150-years are complete.**

Holme Hill School clock tower on Heneage Road has been shrouded in scaffolding since July 2023 as painstaking conservation work has taken place to secure the upper section of the structure for the future.

The school was designed by London architect, Charles Bell of London, and built in the late 1870s by J M Thompson of Louth. Its construction followed the 1870 Education Act, which allowed for the creation of schools managed by school boards, to provide education for all children aged 5 to 13.

Part two of the project is expected to see the rest of the building restored in phases, bringing the building back into use. Survey work is already being carried out to ascertain the scale of the works required.



## PSPOs exist for a reason

**Public Space Protection Orders do exactly what they say – protect the public!**

In Victoria Street, Grimsby there's one in place to try and stop people cycling – it's a pedestrian area and needs to stay that way.

One lady is proof of just why this PSPO is in place. Susan Godfrey was hit by a cyclist whilst walking along the street. Tearing the skin, she has been left with no feeling in the lower part of her right arm.

The cyclist, Elijah Daines, 22, pleaded guilty at Grimsby Crown Court to causing bodily harm by wanton or furious driving and was given a 12-month community order with two requirements. He was sentenced to 240 hours of unpaid work and ordered to attend 8 rehabilitation days. He was also ordered to pay £90 in compensation for the damage to Susan's clothing. This is a reminder that any breach of a PSPO is a criminal offence, and the council works with the police to ensure enforcement.

## Job of dreams for Josh

**Cleethorpes' new Coastal Ranger is Grimsby born Josh Forrester – and his background as a data analyst with a self-taught knowledge and enthusiasm for wildlife protection should stand him in good stead in his new role.**

Cleethorpes' Nature Reserve begins behind the Leisure Centre and is the starting point for a nature reserve that covers more than 30km of the Lincolnshire coastline.

"We want the people of North East Lincolnshire and our visitors to be aware of the valuable and wonderful habitat that is Cleethorpes," said Josh.

"I see my role as one of engagement, to encourage people to appreciate this fabulous location."

Cllr Henry Hudson, NELC Portfolio Holder for the Environment, said: **"I want to extend a huge welcome to Josh in his new role as Coastal Ranger. This is a role that we hope can make a difference to the way people perceive our coastline by consistently encouraging them to value what they see here."**





## YOUR POLICE AND CRIME COMMISSIONER JONATHAN EVISON

I'm pleased to bring you the latest update from my office on the work we are doing to improve community safety in North East Lincolnshire.

As we enter the summer months, we welcome the new Mayor of the Greater Lincolnshire Combined Authority. I am delighted to sit on the board with them and believe together, we can help make our region an outstanding place to live, work and visit.

In April, we welcomed the arrival of the new Chief Constable of Humberside Police, Chris Todd. The performance of Humberside Police continues to improve and remains the highest performing force in the country with three outstanding gradings from the independent inspectorate. Our communities deserve the best service, and I will be challenging Mr Todd to continue this trajectory for the force so that the public continue to see sustainable improvements in service.

Chief Constable Todd said "I am delighted and hugely honoured to have joined Humberside Police as Chief Constable. I intend to bring consistent, stable and ethical leadership and build on the excellent work that is already being delivered every day across the Humber region.

"Through my leadership I will be striving to make Humberside Police an outstanding, globally acclaimed Police Service which is, victim focused, community focused and workforce focused. I would like the communities we serve to have confidence in and be proud of the service they receive from the force."

Please follow us on social media, and subscribe to My Community Alert to be notified of the work we are doing in your area.



## HUMBERSIDE POLICE TO INCREASE OFFICER NUMBERS FOR NEIGHBOURHOOD POLICING

In April, the Home Office announced an additional £200m investment for Neighbourhood Policing available to Police Forces in 2025/26, with Humberside receiving just over £3.2m. This will enable the force to recruit 38 new Neighbourhood Policing Officers.

Neighbourhood Policing is vital to the British Policing Model, and I want to make sure it is more accessible to all our communities. Humberside Police proactively shares details of your local neighbourhood team's priorities and surgery sessions online for those that want to keep up to date on work in their community.

As highlighted in the latest independent inspection, Humberside Police already have an effective Neighbourhood Policing model, however we will always welcome initiatives to help us to continue to improve the service provided to our communities.

## HOLDING HUMBERSIDE POLICE TO ACCOUNT VIA INDEPENDENT POLICE CUSTODY VOLUNTEERS

Our valued custody visitors are volunteers from local communities who reside within the Humberside Police area. The Custody Suite on Birch Way in Grimsby was visited by our volunteers over 50 times in the past 12 months. Visits are completed in pairs and are unannounced to ensure transparency. Our volunteers checked on conditions in the suite, spoke to detainees in police cells about their treatment and followed up any concerns raised in relation to their welfare. 2024/25 was an amazing year for our scheme, visit our website to read our annual report and for more information about what our volunteers do.

OPCC Humberside is 'Platinum' accredited by the Independent Custody Visitors Association (ICVA).



We have **24** ICVs, who give up their own valuable time to serve the public.



Almost **60%** of detainees wanted to interact with our ICVs during visits to the custody suites.



# Summer Reading Bingo

1st July to 30th September, 2025

Open to all aged 16 and over.

Prizes: 1st - £25 | 2nd - £15 | 3rd - £10

Books read to be issued to your library card between competition dates.  
1 entry per line (diagonal, horizontal or vertical) or 5 entries for full house.

To be entered into the prize draw, submit your completed bingo card to your local Lincs Inspire Library by September 30th, 2025. Prize winners will be drawn at random on October 10th, 2025.

[www.lincsinspire.com/adultreadingchallenge](http://www.lincsinspire.com/adultreadingchallenge)



Cleethorpes Leisure Centre

Sunday 27th July | 10am to 3pm

[lincsinspire.com/summer-fayre](http://lincsinspire.com/summer-fayre)

Art | Craft | Food Stalls | FREE Bouncy Castle & Soft Play (Under 5s)  
FREE Biscuit Decorating | Craft Activities - £1 (Please book in advance)



FREE ENTRY

## Getting back on your feet with adult social care support in North East Lincolnshire

**Focus has recently supported an individual, called 'X' in this case study, with a long-term health condition to achieve greater autonomy and enhance their quality of life.**

'X' has a degenerative condition which led to a significant decline in their physical health, affecting their ability to manage personal hygiene, dress, and maintain their home. Struggling to accept their diagnosis, 'X' initially resisted the support offered. Although they agreed to some professional carer support, they felt unable to fully communicate their needs and tried to manage everything themselves, resulting in further decline in their health and wellbeing. Eventually, they became overwhelmed and accepted additional support from Focus to help them get back on track.

Focus arranged a short-term stay in a local care facility to improve their wellbeing. During this time, Focus worked intensively with them to build trust and increase their confidence, empowering them to make decisions about their future. With support from Focus they decided they wanted to live independently with support available when needed, making extra-care housing the perfect option.

The individual has now been in extra-care housing for several months, living independently with the support of a care package. They have built strong relationships with the housing team and professional carers, are accessing the community with support, and are enjoying their new home.

Cllr Stan Shreeve, council Deputy Leader and Portfolio Holder for Adult Social Care said:

***"This showcases the transformative impact of adult social care, demonstrating how individuals can achieve independence and significantly enhance their health and wellbeing with the right support."***

Social work for adults is delivered across three community interest companies commissioned by North East Lincolnshire Council and the Humber and North Yorkshire Integrated Care Board (HNYICB). Focus, Care Plus Group and Navigo employ nearly 2,000 people. Locally, there are 145 social workers for adults across statutory, voluntary and community services.

**Find out more by visiting [carerssupportcentre.com](http://carerssupportcentre.com)**

# Going somewhere this Summer?

# Don't forget the bus!

**Wherever you're going this Summer, why not take the bus? With discounted travel and free travel for some, it just makes sense!**

After 6pm, anyone can travel across the borough for just £1.50, that's less than the price of a sandwich. Whether you're going into Grimsby for a night out; taking a trip to Cleethorpes for an ice cream or visiting family in Immingham.



For those who are of pensionable age or of certain disability, you could be entitled to free bus travel. With a Concessionary Pass, you can travel anywhere in North East Lincolnshire at no cost until 11pm. If your destination is outside the borough, you can travel again for free after 9.30am in these locations.

For more information and to apply for a Concessionary Pass, visit <https://www.nelincs.gov.uk/bus-pass-concessionary-travel-scheme/>.

Make the most of what the borough has to offer and get on the bus!

Recently, a number of service changes have also come into effect.



This includes alterations to the route of the number 5 providing direct evening connections between Immingham and Cleethorpes and an increase in the 250, with an hourly service between Grimsby and Hull as well as a Sunday service.

In an effort to help workers, the 20 will also operate on a Sunday, with an extension to Moody Lane and Gilbey Road. Other changes have been made to routes to ensure buses are on time and there when you need them most.





# Here comes summer, don't miss the fun!

The golden days of summer are on their way and with lots going on, don't miss out on fun days and great nights in Cleethorpes and North East Lincolnshire. From family festivals, live music and foodie markets to the outdoor cinema experiences, theatre and heritage uncovered, there's an event for everyone.



Here's just SOME of the key events taking place this year. For lots more going on, visit our website and social media channels to discover more. [www.discovernortheastlincolnshire.co.uk/events/](http://www.discovernortheastlincolnshire.co.uk/events/)



## JULY

DocksFest, Meridian Showground, 5 July

Grimsby Family Fun Weekend, Barratts Scartho, 5-6 July

CleeW, Meridian Showground, 11-13 July

Summer Steam Festival, Cleethorpes Coast Light Railway, 12-13 July

Firefighters Fete, Peaks Lane Fire Station, 12 July

Classics by the Sea, Cleethorpes 13 July

Ride Rock N Roll, Meridian Showground, 19 July

A Perfect Day Festival, Cherry Garth, 19 July

Theatre: Pygmalion, Caxton Theatre, 19-26 July

Beachside Comic Con, Cleethorpes Leisure Centre, 19-20 July

Jools Holland & his Rhythm & Blues Orchestra, Grimsby Auditorium, 24 July

Great Grub Fest, Cleethorpes, 25-27 July

Scooter Rally, Meridian Showground, 26 July

Summer Fayre, Cleethorpes Leisure Centre, 27 July

## AUGUST

Cleethorpes International Market, 1-10 August

Everybody Loves the Sunshine, Meridian Showground, 2 August

iFest, Immingham 2 August

Healing Village Fest, 9 August

ScarthoFest, 9 August

Tuckers Fun Fair, Meridian Showground, 14-26 August

The Dinosaur That Pooped: A Rock Show! Grimsby Auditorium, 14 August

Outdoor Cinema, King George V Stadium, 15-16 August

New Waltham Rocks, 16 August

Wicked Singalong, Grimsby Auditorium, 22 August

Grassroots Music Festival, Cleethorpes Cricket Club, 24 August

GrovesFest, The Grosvenor, 24 August

The Take That Experience, Docks Academy

BargeFest, The Barge, 30 August

999 Day, Lower Kingsway, 30 August

## SEPTEMBER

Theatre: Strangers on a Train, Caxton Theatre 6-13 September

Sunflowers Super Heroes Walk, 7 September

Rail, Ale & Blues Festival, Cleethorpes Coast Light Railway 12-14 September

Heritage Open Days 12-21 September

The Greatest Love of All, Grimsby Auditorium 19 September

ABP Humber Coastal Half Marathon, 21 September

Uptown Girl – The Billy Joel Collection, Grimsby Auditorium, 26 September

Sunrise Sparkle Walk, 28 September

## Don't miss our Weekend What's On Guide

If you're following us on Facebook or Instagram, you'll know that every Thursday teatime we post our what's on at the weekend guide with the weather forecast so you can plan what you're going to do with friends and family. From live music and family festivals to markets and exhibitions, we do our best to include a good mix to choose from. We also update a dedicated page on our website too, so if you don't do social media, you can still check out all the great live music, events and more for the weekend.

[www.discovernortheastlincolnshire.co.uk/whats-on/weekendguide/](http://www.discovernortheastlincolnshire.co.uk/whats-on/weekendguide/)

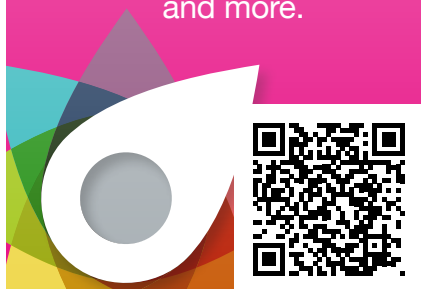
Do bookmark the page and come back on Thursday evenings to check it out.

*Discover*  
what's on,  
things to do  
and more!

The Discover North East Lincolnshire website and social media channels are an excellent way to find out what's happening locally.

Follow us on Facebook  
or Instagram

Visit our website regularly  
to browse our events listings,  
ideas for things to do  
and more.



Get the  
**information**  
direct to your  
mailbox!

Sign up to receive emails from Discover North East Lincolnshire. As a subscriber you'll receive regular updates about events taking place, things to do, competitions, news and more. Sign up today!

**YOU DON'T WANT  
TO MISS OUT!**

