Deaf Blind Block Alphabet

This is a simple system used by some deafblind people. With your forefinger draw the clear shape of capital letters on the palm of the deafblind person's hand. Use the whole palm for each letter - keeping them large and clear. Place one letter over the top of the last - do not attempt to write across the palm as you would on a sheet of paper and keep your pen in your pocket! Pause slightly at the end of each word making sure the person is able to follow what you are saying. Letters should generally be drawn from left to right and from top to bottom. Letters M N and W should be drawn keeping the finger on the palm and not in separate strokes. Numbers can alternatively be drawn as figures. Do not use the Continental (7) as this is easily confused as (2).

- For A, it's Two strokes on the palm.
- For B, it's Two strokes on the palm.
- For C, it's One stroke on the palm.
- For D, it's Two strokes on the palm.
- For E, it's Four strokes on the palm.
- For F, it's Three strokes on the palm.
- For G, it's One stroke on the palm.
- For H, it's Three strokes on the palm.
- For I, it's One stroke on the palm.
- For J, it's One stroke on the palm.
- For K, it's Two strokes on the palm.
- For L, it's One stroke on the palm.
- For M, it's One stroke on the palm.
- For N, it's One stroke on the palm.
- For O, it's One stroke on the palm.
- For P, it's Two strokes on the palm.
- For Q, it's Two strokes on the palm.
- For R, it's Two strokes on the palm.
- For S, it's One stroke on the palm.
- For T, it's Two strokes on the palm.
- For U, it's One stroke on the palm.
- For V, it's One stroke on the palm.
- For W, it's One stroke on the palm.
- For Y, it's Two strokes on the palm.
- For Z, it's One stroke on the palm.

How to write letters on the palm of a deafblind person's hand.



The dotted lines indicate the DIRECTION and SEQUENCE of strokes to be made on the palm.