



# Growing Up Well in North East Lincolnshire Charter

2026



# Our Commitments

Our shared ambition is to keep children and young people well and working closely with others across our communities for young people and their families to thrive in North East Lincolnshire.

## Prioritising Wellbeing

Children and young people's mental and emotional wellbeing are the driving force behind local planning, delivery and policy decisions. We focus on prevention, play and joy, not only treatment.

## Inclusive Support & Diversity

Support is equitable, culturally aware, trauma and development informed and meets individual needs because of each child's uniqueness.

We will prioritise access for all children and young people with additional help for those who need it.

## Partnership & Collaboration

We will work with partners in the voluntary sector, statutory services, education, health, local authority, police and youth justice, families and children and young people to co-ordinate and integrate what we do and share learning

## Amplifying Young Voices

Children, young people and families co-design, co-deliver and co-evaluate services.

Parents and carers are recognised as equal partners and supported to help their children grow up well.

## Sustained & Ongoing Commitment

We help build long-term stable relationships, supported and trained workforces and with joined up delivery.



# Practice Guide

This will include further consideration of the collective impact and development over the first year of the Charter for:

- a. **Young People:** publish a regular Charter update - Voice to Action - with a "you said, we did" summary and return visits to youth forums each term.
- b. **Trusted Adults:** develop a protocol for an appropriate skilled and trained named adult and mentor for education, youth or health pathways.
- c. **Secure Pathways:** design a step-up, step down pathway that support prevention and rapid re-entry spanning schools, Mental Health Support Teams, Voluntary Care Sector , youth services and primary care.
- d. **Community Assets:** create the Community Around the Child in use of community assets and social prescribing including open-access youth, sport/green space, arts and life-skills offers; embed digital inclusion.
- e. **Prevention and Early Intervention:** pool resources and prevention funding, to include joint training and supervision across sectors with shared outcomes (a cross-sector competency framework, trauma/development-informed, relational practice, anti-stigma).
- f. **Transparency:** a cross sector framework to map spend and coverage against the Charter and practice recommendations and align with Health & Wellbeing Strategy governance.

Working with existing partnerships and across services, there are sector specific commitments and initiatives which can be co-designed with children and young people and families which can impact – and be seen to deliver – at a neighbourhood level.



# Sector Commitments in Practice

Practice guides will be developed to bring the Charter to life and to ensure consistent delivery at a local level in each sector, to include provision for Education, Health, Policing and Youth Justice, Families and Carers, Voluntary Care and Youth Sector, and Local Authority services.

The following commitments are a starting point, drawn from stakeholder contributions to the development of the Charter and insights from good practice examples of North East Lincolnshire services and organisations leading the way. Working with sector partners and stakeholders we aim to:

## Children & Young People

- Co-design, co-deliver and co-evaluate through a standing Youth Voice / Young People Advisory Group panel that shapes priorities, language and evaluation.
- Make the Charter plain-English and accessible, and publish short, visual, subtitled video, easy-read versions and test with young people before release.
- Guarantee a named, trusted adult for any young person engaged with school, youth or health pathways, with warm hand-offs and rapid re-entry to support lapses.
- Create safe, inclusive spaces (in and out of school) recognising neurodiversity (ADHD, autism) and SEND; tackle bullying and offer real choice.
- Expand everyday offers that keep children and young people well; youth clubs, sport / green / blue spaces, arts, animals and life-skills available after school, weekends and holidays.
- Run visible "You Said -We Did" loops; quarterly feedback, return visits to groups, and simple routes to raise ideas.
- Support peer leadership and youth social action; peer groups, volunteering-to-leader pathways, and youth-led projects.
- Promote digital access and online wellbeing; safe, inclusive online spaces and clear, accessible information.
- Be authentic with children and young people and recognise that consistency of relationships is critical to their positive mental health and wellbeing.

## Families & Carers

- Provide accessible training and resources; co-design local offers and embed routine feedback loops.
- Consider carers wellbeing in all plans and policy development.

## Voluntary Care Sector & Youth

- Provide inclusive and safe spaces (including SEND-friendly); expand offers with proven impact (sport, arts, animal-assisted, outdoor).
- Offer volunteer-to-leader pathways and youth social action.
- Maintain an up-to-date "What's On" directory with live links to charter commitments.



## Police / Youth Justice

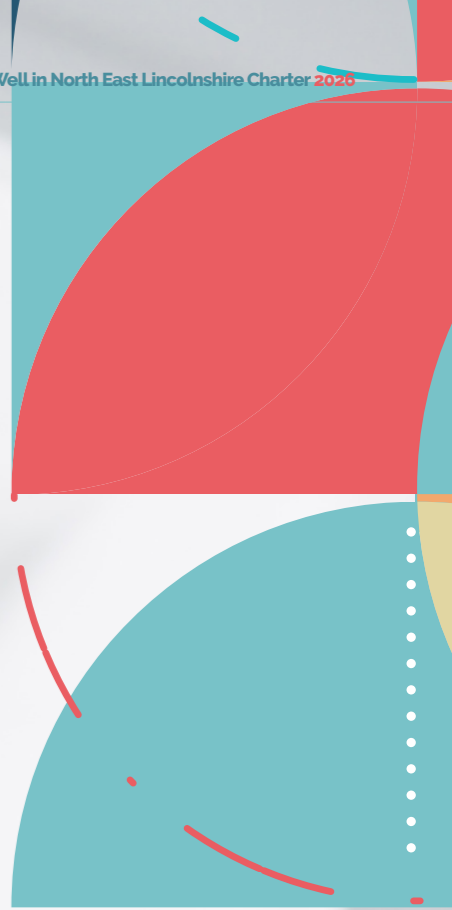
- Maintain a positive and regular school / community presence (careers, safety, diversion).
- Use trauma-informed, restorative approaches and ensure no wrong door into step-down supports.
- Join case discussions for at-risk children and young people with rapid access to prevention offers.

## Local Authority

- Use the public facing commitments of the Charter to help deliver Health & Wellbeing Strategy (governance, KPIs, reporting).
- Maintain the Wellbeing Partner Network; commission multi-year services; publish a Best Practice Pipeline and Scaling Plan
- Embed child-friendly design in public realm and green space, aligned with national initiatives and local priorities in a whole system place-based approach.

## Health (incl. Mental Health Support Teams / Primary Care)

- Provide early help in communities through youth-friendly access (hubs / Youth Information Advocacy and Counselling Services and social prescribing into youth, green and creative activities).
- Maintain shared protocols for step-up/step-down support, ensuring continuity of care and handover to a named adult.
- Deliver joint training with education and voluntary care sector partners on trauma-, development- and culture-informed practice.





## Education

- Provide a named wellbeing lead and named adult for pupils needing support; embed relational practice (behaviour as communication).
- Integrate life skills (cooking, budgeting, digital citizenship), daily movement and nature access.
- Provide clear, simple access to Mental Health Support Teams / school-based pathways with routine "You Said, We Did" feedback to students and parents.
- Uphold whole-school inclusion: SEND-friendly environments, anti-bullying culture, restorative approaches and safe online practice.
- Develop wellbeing strategies in schools and inclusion approaches to help children who are struggling and prevent them from falling out of school – including supporting attendance.
- Introduce play into playtimes with play programmes and support for staff.
- Extend enrichment outside school



Developed in partnership with North East Lincolnshire  
Council's Children's Service's and Public Health teams

