



Summer Activities Timetable 2026

All sessions marked with a * are by appointment only. Non – booking Activities for the local community only
Normal group sessions will return on Thurs 3rd September 2026

W/C	20/07	27/07	03/08	10/08	17/08	24/08
Monday	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 Bookable 6-week baby massage programme West Marsh Birth Registrations *
Tuesday 	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * 	Queensway Birth Registrations * 	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB
Wednesday	Queensway Drop-in Support 14:30-16:30 Self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	Queensway Drop-in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	Queensway Drop-in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30
Thursday			Queensway FAMILY HUB FUN DAY Thur 6th Aug 10:00 - 14:00	Togetherness Programme for Parents/Carers -learn about big feelings, how the brain works, and relationship ideas for happier lives. Ask to speak to a member of staff to find out more about the 'Togetherness Approach' and the next date and venue		
Friday	Sensory Room - This can be booked out free of charge - one hours slots available Mon - Fri. Call the Hub to book a session. 		Find out what else is happening in NELC by following Families First on Facebook Ready Steady Baby! Antenatal Education (for expectant parents- please contact reception for dates and venue)		Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 21 st Aug 09:30 – 14:30	Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 28 th Aug 09:30 – 14:30

Family Hub Opening Hours: **Monday – Friday 08:30 - 4:30pm**

