



Summer Activities Timetable 2026

All sessions marked with a * are by appointment only. Non – booking Activities for the local community only
Normal group sessions will return on Thurs 3rd September 2026

W/C	20/07	27/07	03/08	10/08	17/08	24/08
Monday 	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30	At East Marsh- Baby Rhyme Time (0-9mths) 09:30- 10:30
	Find out what else is happening in NELC by following Families First on Facebook		Ready Steady Baby! Antenatal Education (for expectant parents- please ask at reception for dates and venue)		Sensory Room - This can be booked out free of charge - one hours slots available Mon - Fri. Call the Hub to book a session.	
Tuesday	East Marsh Drop in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome.	East Marsh Drop in Support 14:00-16:00 self-weigh in and advice on child development or behaviour; expectant parents welcome.	East Marsh Drop in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome.	East Marsh Drop in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome.	East Marsh Drop in Support 14:00-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome.	East Marsh Drop in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome.
Wednesday	Birth Registrations *		Birth Registrations *	Birth Registrations *		Birth Registrations *
Thursday		At Central: Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> Health Visitor drop in and infant feeding support - 10:00 -11:30 The Canopy, Grant Thorold Park, Durban Rd, Grimsby DN32 8BX	At Central: Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> Health Visitor drop in and infant feeding support - 10:00 -11:30 The Canopy, Grant Thorold Park, Durban Rd, Grimsby DN32 8BX	At Central: Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> Health Visitor drop in and infant feeding support - 10:00 -11:30 The Canopy, Grant Thorold Park, Durban Rd, Grimsby DN32 8BX		At Central: Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> Health Visitor drop in and infant feeding support - 10:00 -11:30 The Canopy, Grant Thorold Park, Durban Rd, Grimsby DN32 8BX
Friday	Togetherness Programme for Parents/Carers -learn about big feelings, how the brain works, and relationship ideas for happier lives. Ask to speak to a member of staff to find out more about the 'Togetherness Approach' and the next date and venue				Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 21 st Aug 09:30 – 14:30	Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 28 th Aug 09:30 – 14:30

Family Hub Opening Hours: **Monday – Friday 08:30 4:30pm**

Central Family Hub

Edward Street, Grimsby, DN32 9EL, Call: 01472 326830, Email: startforlife@nelincs.gov.uk

East Marsh Family Hub

203 Victor Street, Grimsby, DN32 7QB, Call: 01472 326860 Email: startforlife@nelincs.gov.uk

