

Family Hub Timetable updates

Queensway & West Marsh Family Hub

All Timetables to include:

All sessions start from week commencing 20th July 2026 unless otherwise stated. You must contact the Family Hub to book if marked with a *.

Togetherness Programme for Parents/Carers - learn about big feelings, how the brain works, and relationship ideas for happier lives. Ask to speak to a member of staff to find out more about the 'Togetherness Approach'

Contact your local Family Hub for sessions on 'Keeping your children safe at home and in the community' and 'Mini First Aid Sessions'

Sensory Room This can be booked out free of charge - one hours slots available every day. Call the Hub to book a session.



Please scan the
QR code
for parenting
advice & support
from pregnancy to
starting school

W/C	20/07	27/07	03/08	10/08	17/08	24/08
Monday	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *	Queensway -Baby Massage * 13:00-14:30 <i>Bookable 6-week baby massage programme</i> West Marsh Birth Registrations *
Tuesday	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * West Marsh Teddy Bear Picnic, Boulevard Park, DN31 2QH, Tues 4 th Aug 10:00-12:00	Queensway Birth Registrations * West Marsh Family Hub Fun Day, Tues 11 th Aug, 10:00-14:00	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB	Queensway Birth Registrations * Health Visitor drop in and infant feeding support 10:00 – 12:00 at Freshney Green Primary Care Centre, Sorrel Rd, Grimsby DN34 4GB
Wednesday	Queensway Drop-in Support 14:30-16:30 Self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths). West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	Queensway Drop-in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths) West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths) West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	Queensway Drop-in Support 14:30-16:30 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths) West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30	West Marsh Drop-in Support 11:00-13:00 self-weigh in and advice on child development or behaviour; expectant parents welcome. Baby Rhyme Time (0-9mths) West Marsh: 10:00 – 11:00 Queensway: 11:30-12:30

Thursday		Queensway Teddy Bear Picnic, Wingate Green, Thursday 30 th July, 10:00-12:00	Queensway Family Hub Fun Day, Thurs 6 th Aug, 10:00-14:00			
Friday					Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 21 st Aug 09:30 – 14:30	Baby Zone 0-5 yrs: Horizon Youth Zone, Garth Lane, Grimsby DN31 1RP, 28 th Aug 09:30 – 14:30