

To find a Skyride near you visit www.goskyride.com. To suit everyone from beginners to experienced cyclists. For a challenge. Rides are all free and are grouped in levels of confidence or already comfortable on a bike and looking for something for everyone - whether you're building your confidence or already comfortable on a bike and looking for a challenge. Rides are all free and are grouped in levels to suit everyone from beginners to experienced cyclists.



breeze@northeastlincs@gmail.com

Leaders along scenic planned routes. With different levels, there's something for everyone - whether you're building your confidence or already comfortable on a bike and looking for a challenge. Rides are all free and are grouped in levels to suit everyone from beginners to experienced cyclists. To find a Skyride near you visit www.goskyride.com. To suit everyone from beginners to experienced cyclists. For a challenge. Rides are all free and are grouped in levels of confidence or already comfortable on a bike and looking for something for everyone - whether you're building your confidence or already comfortable on a bike and looking for a challenge. Rides are all free and are grouped in levels to suit everyone from beginners to experienced cyclists.

There are loads of benefits associated with using your bike instead of the car. People who cycle regularly are fitter and have a reduced risk from conditions such as heart disease, stroke, diabetes and obesity. Your mental health and sense of wellbeing can also be greatly improved by going for a ride. Cycling its cheap, can save you time and is good for the environment. With the "Cycle to Work" scheme there's even help with buying a new bike and accessories, check with your HR or Personnel team at work to see if they are signed up.

Why Cycle?

There are loads of benefits associated with using your bike instead of the car. People who cycle regularly are fitter and have a reduced risk from conditions such as heart disease, stroke, diabetes and obesity. Your mental health and sense of wellbeing can also be greatly improved by going for a ride. Cycling its cheap, can save you time and is good for the environment. With the "Cycle to Work" scheme there's even help with buying a new bike and accessories, check with your HR or Personnel team at work to see if they are signed up.

Ice Cream on the Prom

2¾ miles (4½ km)

Before setting off

- It's well worth giving your bike a quick once-over before setting off, check your gears and brakes are in good condition, your tyres are pumped up properly and if you're going out at night that your lights work.
- Check the weather before setting off and dress accordingly.
- Check that the route is suitable for you and your party.
- If possible let someone know where you are going and make sure that you carry a fully charged mobile phone.
- Carrying a small cycle toolkit and puncture repair kit can save a long walk home if something goes wrong.
- If you're going on a longer ride then carrying a drink and an energy snack is advisable

Station Approach • Grimsby • DN31 1LY | 01472 354986 | [cyclehubcic](https://www.cyclehubcic.co.uk) | [grimsbycyclehub](https://www.grimsbycyclehub.org.uk)

Grimsby Cycle Hub
Station Approach
Grimsby | DN31 1LY

01472 354986 | grimsbycyclehub.org.uk
cyclehubcic | [grimsbycyclehub](https://www.grimsbycyclehub.org.uk)



For more information please contact:
Transport Team
2 Origin Way | Europarc | Grimsby | North East Lincolnshire | DN37 9TZ
T 01472 313131 | E.pedalandstride@nelincs.gov.uk | www.nelincs.gov.uk

www.systematicprint.com



Suitable for all the family



Cycle Friendly Café
Kingsway Kiosk, Kingsway, Cleethorpes DN35 0BY



Ride Length: 45min



Terrain: Flat

Scan with your smartphone for



more great routes!



This is a great ride for a sunny afternoon ride out with the kids. The ride is a little under 3miles in length with a stop for an ice cream at half-way making it suitable for just about anyone. The route begins at Meridian Park before taking you along Marine Walk into Cleethorpes and back again. When cycling in this area please keep to the correct side of the path, the path is shared with walkers and on a warm summer day can be busy with pedestrians as well as cyclists. Looking out across the Humber you'll be able to see the lighthouse at Spurn Point on the other side of the estuary as well as the Halls and Bull Sand forts standing guard at the mouth of the river. The two forts were complete in 1919 and were used by the military until the mid 1950s guarding the Humber ports from attack from the sea. As you cycle along you will notice the railway tracks to your side, these tracks are used by the engines of the Cleethorpes Coast Light Railway which run passenger services between the Kingsway station and North Sea Lane station at weekends and daily during the summer months. The Lakeside station plays host to a variety of festivals throughout the year including the Folk & Cider Festival in May and the 1940s Weekend in August. The station is also home to the Signal Box Inn and the Brief Encounter Tearoom. A short ride off this route to your left is Cleethorpes Boating Lake. The two lakes are linked by a connecting channel, the northern lake is open for fishing and is used by a local model boat club. For the more energetic you can hire a rowing boat or pedal on the southern lake. The grounds of the Boating Lake also house the Discovery Centre, a sandpit and a play area for the kids.

Ice Cream on the Prom





START
Meridian Park
Postcode: DN35 0AG

 Kingsway Kiosk
Kingsway
Cleethorpes
DN35 0BY
 07764 581328
 Kingsway-Kiosk

CLEETHORPES
GOLF CLUB

*The instructions given in this guide
take you in an anti-clockwise
direction around the route*

Ice Cream on the Prom

2¾ miles (4½ km)

- 1 Pass the shops on your right and then turn right along Meridian Road, you soon cross over the miniature railway tracks
- 2 At the T-junction follow Meridian Road round to the right and continue for 500m keeping the railway line to your left
- 3 Turn left into a car park and head through a gate over the railway line turning left on the cycle/footpath along the dunes. Please keep to the correct side of the path and be courteous to other users
- 4 Keep pedalling along this path keeping the dunes to your right. Beware that this path can become covered in sand so please be cautious when riding along here with young children
- 5 Ice-cream stop, enjoy an ice-cream or a drink at the café before turning round and heading back
- 6 At the T-junction keep to the left and follow the path keeping the dunes to your left this time
- 7 At this junction turn right and head over the bridge, you may need to dismount and walk past the gate over the bridge if it is closed
- 8 Cross the railway line and turn left heading back to Meridian Park