

For more information please contact: Transport Team

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If you're going on a longer ride then carrying a drink and an energy snack is advisable

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HE CYCLE

- Carrying a small cycle toolkit and puncture repair kit can save a long walk home if something goes wrong.
- If possible let someone know where you are going and make sure that you carry a fully charged mobile phone.
- Check that the route is suitable for you and your party.
- Check the weather before setting off and dress accordingly.
- It's well worth giving your bike a quick once-over before setting off, check your gears and brakes are in good condition, your tyres are pumped up properly and if you're going out at night that your lights work.

Dropping back down you'll soon pass through East Ravendale and Ashby-cum-Fenby. After all this cycling you'll have earned a treat so look out on your left for the ice-cream shop at Brigsley. After you've refuelled keep heading along this road past one of the finest windmills in the area on the outskirts of Waltham, then go through the village and back to the end of the ride at Bradley.

the Lincolnshire Wolds, from the route you will get clear views over this Area of Outstanding Natural Beauty (KONB) and on a clear day you should be able to see out into the Humber.

Parish church of 5t Andrew's, a little further on just outside the village of Beelsby you'll pick up the route of the National Cycle Network. If you fancy a real challenge then you can follow this long distance route from northern Scotland all the way down the east coast to Dover. You'll notice the road starting to rise now into the foothills of

As you climb and pass through Irby-upon-Humber look out for the

Course, on exiting you'll be crossing the A18, again this can be a bury road so extra care is advised here. "hook" or "slice" as this route takes you through Laceby Manor Golf

The route heads westwards along the A46, please take extra care on this section of the route, after a short time you'll leave the main roads behind and the majority of the rest of the route is on country tracks or quieter roads. As well as the usual things to look out for when out on your bike you'll also need to be aware of the odd "bpook" out on the route takes you through Laceby Manor Golf

Starting from Bradley Cross Roads this ride takes you on a tour of the countryside that's right on your doorstep. At a little over 16 miles the route will take you around two hours to get round,

depending on your own cycling pace of course!

Ploughshares, Carts and Manor Houses

Before setting off

Grimsby Cycle Hub

Grimsby DN31 1LY

Station Approach

ireen Transport

Terrain: Hilly

Ride Length: 2hrs





older children

Suitable for adults and

Ploughshares, Carts and Manor Houses 16½ miles (26½ km)

Why Cycle?

with your smartpl

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more great routes!

Personnel team at work to see if they are signed up. with buying a new bike and accessories, check with your HR or environment. With the "Cycle to Work" scheme there's even help a ride. Cycling its cheap, can save you time and is good for the and sense of wellbeing can also be greatly improved by going for heart disease, stroke, diabetes and obesity. Your mental health are fitter and have a reduced risk from conditions such as your bike instead of the car. People who cycle regularly There are loads of benefits associated with using

Lincs) or contact our local Breeze Champions at chat on Facebook (Breeze Network - Coast and Wolds East about local rides please visit **www.breezebikerides.com**, join in the cafe, so everyone can have a drink and a chat. For more information at a speed that suits everyone, and they usually include a stop at a Champions organise fun, social, local bike rides for women. Rides go confident and comfortable about going on a ride. Our local Breeze riding bikes for fun. The aim is to help thousands more women feel Breeze is the biggest programme ever to get more women into

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To find a Skyride near you visit www.goskyride.com. to suit everyone from beginners to experienced cyclists. for a challenge. Rides are all free and are grouped in levels confidence or already comfortable on a bike and looking something for everyone - whether you're building your Leaders along scenic planned routes. With different levels, there's Sky Ride Local rides are guided by friendly British Cycling Ride





Ploughshares, Carts and Manor Houses

16½ miles (26½ km)



Head west along Laceby Roa



- At the farm, pass through the farmyard and continue south before turning right into the golf course grounds
- Continue along Lopham Lane turn right then take the first track on your left
- 5 Continue straight ahead, taking care when crossing the A18. Follow the track towards Irby upon Humber
- 6 In the village go along Church Lane and Old Main Road
- Opposite Irby Dales Farm turn left along Trunkass Lane
- 8 At the junction turn left on the roa towards Beelsby along NCN 1
- 9 In Beelsby village go straight ahead then turn right towards Hatcliffe
- 10 Go through Hatcliffe and continue south towards Gunnerby
- 11 At the junction with the B1203 turn left towards East Ravendale 15
- **12** Continue along the B1203 across the A18 up Ashby Hill
- **13** Pass through Brigsley and head north along Waltham Road

around the route

- 14 Continue along Brigsley Road then in Waltham turn left at the second mini roundabout along Barnoldby Road
 - 5 At the junction with Bradley Road turn right and head back along Bradley Road towards the start of the route