Short Break Statement 2018-2019

Welcome to North East Lincolnshire short break service statement

What is the short break statement?
The breaks for carers of disabled children’s regulation 2011 describes how the local authority must prepare a statement for carers in their area setting out details of
   a) the range of services provided
   b) any criteria by which eligibility for these will be assessed
   c) how the range of services is designed to meet the needs of carers in their area.
The Local Authority must publish their short break services statement and place a copy of it on their website. The Local Authority must keep the statement under review and have regard of the views of carers in their area.

This statement gives you information about
   • Who can access a short break
   • The range of short breaks available in North East Lincolnshire.
   • How a short break meets the needs and aspirations of disabled children and young people in our area.

Further information can be found at the NELC website – [Short break and residential support services](#) page.

This information is for children and young people with a disability or additional needs age 0-18 and their parents and carers who live within North East Lincolnshire.

What is a Short Break?
Short breaks are defined as providing children and young people with disabilities with an opportunity to spend time away from their parents, to relax and have fun with friends or experience a new activity.

In addition, they provide families with a break from their caring responsibilities: giving them a chance to unwind, relax or spend time with other siblings.

A short break can be in your own home or out in the community, at an approved carer’s home or in a residential setting.

It can be a range of activities including going to the cinema, youth club, play schemes, after school clubs or sports and music sessions and can last anything from a couple of hours to days. The length and type of short breaks will depend on the needs and desires of your child, their age and the impact their disability has on the whole family.

North East Lincolnshire Council provides a range of short breaks for disabled children:

✓ We aim to ensure that families of disabled children have their support they need to live ‘ordinary lives’ as a matter of course.
We recognise that all children and young people are unique and may require different levels of support and different types of short breaks depending on their needs and circumstances.

We know that children, young people and family’s needs will change and services will be reviewed to reflect this.

North East Lincolnshire council continues to work in partnership with disabled children and young people, their families and key stakeholders to develop short breaks service.

Carers

Looking after the carer is also important to us.

The Carers Support Service 01472 242277.

This service is available to all carers; the centre offers a wide range of local confidential support such as;

- Specialist advice and information; including benefits and financial advice and support with employment issues.
- Support Groups or one to one emotional support, including befriending and counselling.
- Support to access other services.
- Carer training.
- A dedicated worker to support parents of children with disabilities and help navigate the Local Offer to find the information needed.

How to access short breaks

The equality Act 2010 children and young people are eligible for short breaks if they have a physical or mental impairment which has a substantial and long term effect on their ability to carry out day to day activities.

Ref: Equality Act 2010

Not all children and families require the same level of support; some need more than others because of the nature of their child’s disability. Some families may need more support because of their individual family circumstances. This is why we may need to assess your child and family circumstances to ensure we provide the right level of support and services at the right time.

The range of services on offer fall into three broad categories; universal, targeted or specialist.

Universal;
- An assessment of need is not required to access universal services, examples; Cubs, Brownies, out of school clubs and activities within the hubs.

View the North East Lincolnshire Family Hubs activity timetables.
• Wherever possible these opportunities should be used as your first point of call.

**Targeted:**
• These are services for children and young people who need some additional support to access an activity, currently there are numerous groups targeted at disabled children and those with additional needs in North East Lincolnshire. An assessment of need is not required to access targeted services; examples are FLAG, Foresight, Disability Sports forum.

**Specialist Short Break Services**
• Specialist resources are used to prioritise services and support for the most vulnerable children.
• These are children with more complex needs or challenging behaviour. Children are assessed to ensure their short breaks needs are fully understood; service or support is then personalised according to individual need.
• Specialist short breaks require an assessment by social care.

Services and support options are;
• Residential care – an overnight provision that offers home from home care.
• Short breaks service which can be in the home, in the community, sitters and access to the short break caravan.
• Foster cares for night care provided in a home setting.
• Direct payments are an alternative way of funding assessed support needs in place of a direct service.

Where a service is paid for by North East Lincolnshire Council the support plan will be presented to the Disability Resources Allocation Group; who will make a decision about the allocation of services based upon the assessment of need and the appropriateness of the support plan to meet identified need.

**Children’s Disability Service**

Information advice and guidance is available through contact with Children’s Disability Service on 01472 325607.

Children with disabilities are also defined as ‘Children in need’ and the Local authority has a duty to assess the needs of children and young people at the request of a parent or carer.

Parent Carers are eligible for assessment of their own needs and will be offered independent carers assessment alongside the assessment of their child’s needs.

**Preparation for Adulthood**

The Children’s Disability Service work closely with the young person, their family, Adult Services and other key professionals to erasure that planning for transition into
adulthood is timely and that the young person understands the options and services available so they can make informed choices about their future.

Our Vision for Children and Young People in North East Lincolnshire.

That all children and young people in North East Lincolnshire fulfil

- Fulfil their potential in education and skills for life.
- Grow up healthy, safe and emotionally secure
- Achieve outcomes that will be at least as good as all children and young people.
- That they are involved in developments that affect them.