

Locality 3 - Immingham, Queensway, Broadway

Training Timetable Term time only

9th September- 13th December 2019



	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	<p>ESOL (English for Speakers of Other Languages) 9.30am - 11.30am At Immingham</p>		<p>Counselling Services For parents and carers. Contact Vickie Kent at any of the centres to book an appointment.</p> <p>Live Well Services This service helps people to achieve their health goals. Contact Jan Wilson on either - 07768718828 or 01472 325500 You can also email at: wellbeing@nelincs.gov.uk</p> <p></p>		
	<p>English - Functional Skills 12.30pm - 2.30pm At Immingham</p>		<p>Maths - Functional Skills 1.00pm - 3.00pm At Immingham</p>	<p>Working in schools 9.30am - 2.30pm At Immingham</p>	
Afternoon			<p>For more information on courses please contact Vickie or Jacqui at the Family Hubs on:</p> <p>01472 326830 or email; Jacqui.chester@nelincs.gov.uk Vickie.kent@nelincs.gov.uk</p>		

Activity Timetable

Term time only

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Morning	<p>Midwifery Clinic At Queensway Appointment only</p> <p>Messy Play 10.00 - 11.30am Delivered by One Voice. At Immingham</p>  <p>Stay & Play 9.30 - 11.00am At Queensway (18 months plus) Starts 16/9/19</p> <p>Language through Listening (Invite Only) 10.00 - 11.00am At Queensway</p>	<p>Midwifery Clinic At Broadway, Immingham Appointment only</p> <p>Bump to Babies (Invite Only) 9.30 - 11.30am At Immingham</p> <p>Health and Parenting Drop-In 9.30 - 11.30am At Broadway</p> <p>Mini Rhyme (Look, Say, Sing, Play) 10.00 - 11.00am At Queensway (0-7 months)</p> <p>Stay and Play 9.30 - 11.00am At Immingham (18 months plus) Starts 16/9/19</p>	<p>Midwifery Clinic At Queensway, Immingham Appointment only</p> <p>Bumps to Baby (Invite Only) 9.30 - 11.30am At Queensway</p> <p>Midi Rhyme Time 9.30 - 10.30am At Immingham (7 months plus)</p> 	<p>Midwifery Clinic At Broadway, Immingham Appointment only</p> <p>Health and parenting Drop-In 9.30 - 11.30am At Immingham</p>	<p>Child Health Clinic 9.30 - 11.30 am At Freshney Green 2nd & 4th Friday</p> <p>Krakajaks Healthy Active Play Session 9.30 - 10.30am At Riverside 12 months + Younger siblings Welcome</p> <p>Baby massage (Invite Only) 10.00 - 11.00am At Queensway</p> 		
Afternoon	<p>Well baby Clinic 1.00 - 3.30pm 1st & 3rd Monday At Pilgrim Primary Care Centre Immingham</p> <p>Health and Parenting Drop In 1.00 - 2.30pm At Immingham</p>	<p>Baby Massage (Invite Only) At Broadway</p> <p>Girls Group (Invite Only) 3.30 - 5.30 pm At Immingham (Starts 15/10/19)</p>	<p>Health and Parenting Drop-In 1.00 - 2.30pm At Queensway</p>	<p>Sleep Clinic (Invite Only) 1.00 - 3.30pm At Immingham</p> <p>Young Carers Project 3.00 - 5.00pm At Immingham</p>	  <p>Sensory Room Available for booking Monday to Friday at Immingham Family Hub</p>		
<p>For activities in your local community see:</p> <p>fis@nelincs.gov.uk www.nelincsfis.co.uk www.facebook.com/FamiliesFirstNEL</p>		<p>Locality 3 Family Hubs:</p> <table border="1"> <tr> <td>Immingham Margaret Street DN40 1LD 01469 514848</td> <td>Queensway Binbrook Way DN37 9AS 01472 325737</td> <td>Broadway Broadway DN34 5RS 01472 326840</td> </tr> </table>			Immingham Margaret Street DN40 1LD 01469 514848	Queensway Binbrook Way DN37 9AS 01472 325737	Broadway Broadway DN34 5RS 01472 326840
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